

PRINCETON HIGH SCHOOL TIGER TRIBUNE

FEBRUARY 11 - FEBRUARY 18

SAVE THE DATES

Please take a moment and save the following dates. This list includes just a few of the exciting winter/spring events! More events and details to come!

Wear your BHM Attire: Every Wednesday

- Please join us if you are interested in wearing attire associated with Black History on Wednesdays throughout the month!.

Class of 2022 Senior T-shirts will go on sale Friday, February 18.

- Link to purchase will be posted in Canvas and in the next Tribune. Shirts will be just \$5 per senior and the rest of the cost will be sponsored by the Prince Yearbook. The Senior Group Yearbook Photo wearing your t-shirts will be **March 30th** during break. Save the date!

PPS Black History Celebration: March 4, 2022

- PPS District wide art show begins at 6pm in the Numina Gallery
- Black History month Concert begins at 7:30 in the PHS Performing Arts Center.

PHS Winter Club Fair: March 14, 2022

- We will be having a winter club fair similar to what we did in the fall. Clubs will set up in the gyms and stay all day. Prospective members will visit during their PE Classes. Sign ups and more detailed information about the winter Club Fair will be posted in Canvas

PHS Asian Festival: March 18, 2022

- Join PHS students and faculty for a night of performances and celebration of Asian culture.. 7:00pm in the Tiger Gym.

PHS Spring Musical: March 24-26, 2022

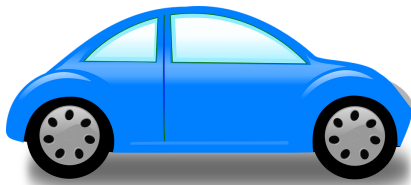
- PHS presents Curtains at 7:30 PM, PHS PAC

PHS Junior and Senior Prom: May 21, 2022

- Prom will be on May 21, 2022 and held at Forest Lodge in Warren, NJ. This is a recent venue change in order to pivot our Prom to an outdoor location.
- Prom Comm is coming soon! If you would like to be notified of upcoming PromComm meetings, [please sign up here!](#)

PHS Class of 2022 Graduation: tentatively June 21, 2022

- The last day of school is currently Monday, June 20 subject to change if we have additional snow days.
- Graduation is currently slated for June 21 at 10am. Again, for each additional snow day we have, the ceremony will shift one day later.



Important note regarding student parking

Seniors with permits should park in the Senior lot on Franklin or on Franklin between the middle school and the Choir College. Or on Guyot right behind the turf. All other locations are not for use with the student permit.

There is limited parking available around our school for students who drive but do not have a parking permit. Those locations are on Walnut past Guyot away from the turf and on Linden between Hamilton and Franklin. All other areas are at your own risk and subject to ticketing or tow. Many students have been parking in Westminster lots. Please know, we do NOT have permission to park there, nor on the various other streets around PHS except where already noted. Several students received tickets last week. Please be careful that you are parking in a safe approved location.

PHS Peer Leadership Program Applications open now!

- **Peer Group Applications** - Juniors interested in becoming a Peer Group Leader can apply now. [Grab the ap here.](#)
 - **Teen Pep Applications** - Sophomores interested in Teen Pep applications are available by stopping in to see Ms. Simborski right next to the main intersection on the first floor.
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REMINDER: STUDENT CANVAS PAGES & CLUB HUB!



All students are invited into the PHS TIGERS Canvas Page. Within the page, students receive announcements including Principal Chmiel's daily message and other important messages. They can also use the Club Hub to check out the list of our current clubs and their leader/advisor names so students can join. **All students should check Canvas regularly and/or set their notifications to send them messages when there are updates or messages.**

PHS YEARBOOK INFORMATION

Club photos are being taken right now! If you haven't signed up for a group photo for your club or submitted your own, please email princeyearbook@gmail.com for information.

Yearbook Portrait Information: For all students who did not take a photo for the yearbook, but would like to be included in the yearbook, you may submit a photo of yourself online to www.yearbookordercenter.com using code 4078. Follow the prompts provided at the bottom of the page that states "share photos with eShare" and select click here to upload a student portrait. Students can also visit Mrs. Lygas in Counseling and have an informal photo taken and used in the yearbook.

Extended deadline: Photos are due February 14th.

Call for Senior Kid Pics for Yearbook: Attn Senior Families! The Prince Yearbook is collecting kid pics for every senior. They are looking for photos that show your kiddo's true personality age approx 3-7 years old. Please submit the Kid Pic through www.yearbookordercenter.com code 4078. Follow the prompts provided at the bottom of the page that states "share photos with eShare" and select click here to upload a general photo. **Photos are due by February 28th.**

Senior Farewell Messages: Attn Senior Families! The Prince has limited space available for Senior Farewell advertisements. You can create and purchase your Farewell message to your senior online at www.yearbookordercenter.com using code 4078. Thank you for your support. This program allows the Prince to provide yearbooks free of charge to our seniors eligible for free or reduced lunch. We sell until we are out of space (normally late February). We are a little ahead of previous years, so please create yours today. Thank you for your support.

Purchase a yearbook [here](#) using code 4078. Thank you!



**PRINCETON HIGH
PARENT-TEACHER ORGANIZATION**

Princeton Public Schools' Valentines for Food Drive to benefit Arm In Arm.



Formerly the Crisis Ministry of Mercer County

Arm In Arm believes that when everyone thrives, we all benefit. That is why they have been partnering with the community to provide the basics of food, housing, and job support to those in need for the last four decades.

Each year, Arm In Arm provides enough healthy groceries for local families to make 500,000 meals.

Share the love this Valentine's weekend and virtually donate food to our community members in need. We are almost to our goal but need your help!

To participate in our Virtual Food Drive: please use the link below and choose the item(s) you would like to donate. At the end of the Drive, all donations will be delivered directly Arm In Arm.

<https://amplify.amyourgood.com/user/campaigns/3984>

PERK Up and Save in 2022: The 2022 Princeton Perks Local Discount Card On Sale Now!

The Princeton Perks discount card fundraiser, led by the PPS Parent-Teacher Organizations (PTOs) is back for another year of savings. Your Princeton Perks discount card will get you great deals all around town this year and help raise funds for the PHS PTO. Card sales are live on the PHS PTO site, www.princetonhspto.weebly.com. Visit www.princetonperks.com for the list of participating businesses and more information. Help support our local small businesses and Princeton High School.

* All funds raised will go towards a variety of end-of-year initiatives including Prom, offsetting the cost of prom tickets for under-resourced students, and certain school spirit and staff appreciation activities.

Buy a \$30 Princeton Perks card and enjoy discounts* from 60+ local shops and restaurants now through December 31, 2022!



TO PURCHASE
SCAN QR CODE OR
VISIT PRINCETONPERKS.COM

shop local ★ support schools ★ save \$

THANK YOU TO OUR 2022 PRINCETON PERKS SPONSORS

Creative Cakes by Sweta | Cyndi Shattuck Archiving & Photography
 Delizioso Bakery + Kitchen | Eno Terra Restaurant & Enoteca | Ficus Cafe
 H1912 | Homestead | Jammin' Crepes | JaZams | Kilwins | Kopp's Cycle
 La Jolie Salon & Spa | Le Kiosk | Mandalay Trading Company | Mediterra
 Milk & Cookies | Nomad Pizza Co. | Orvana | Princeton Playspace
 Princeton Record Exchange | Princeton Soup & Sandwich Co.
 Princeton Sunoco on Nassau | scienceSeeds | Teresa Caffe | Terra Momo Bread Co.
 Tidy Nerd | Tipple & Rose Tea Parlor & Apothecary | Tranquility Den Massage
 Tortuga's Mexican Village | Vaseful Flowers & Gifts

*Restrictions may apply. Visit princetonperks.com for full discount details.



Join us for a
**PTOC Forum on PPS Students
 Mental/Social Health & Wellness**

On February 15th at 11:30a,
 The PTOC will host a one-hour Forum on
 Mental/Social Health & Wellness in our schools

We invite all PPS parents & caregivers.

Dana Karas, Director of Student Counseling Services, and her team, will share what they are doing to promote Mental/Social Health & Wellness for PPS students. PPS community members have provided topics for discussion. We don't anticipate enough time to field questions during the session

[Please join us via Zoom](#)
 Meeting ID: 885 1538 8789
 Passcode: 021522



PPS Special Ed PTO

The purpose of the PPS Special Education PTO is to support students, families and the district through communication, collaboration and community. For more information, please look online at

<https://sites.google.com/view/princetonsepag/home>

SAVE THE DATE:

Princeton SEPAG To Host Event For Rising 6th and 9th Grade Families

Please join us on Wednesday, March 16, 2022 at 6:00 p.m. for our "What's Next? Preparing for the Transition to Princeton Middle or High School" program. PPS Special Education Supervisors Beth Murrin (PMS) and Crystal Riddick (PHS) will provide a brief overview of special education programming at their schools. Their presentation will be followed by a parent panel Q&A session where PPS parents will share their middle school and high school experiences and offer tips for preparing kids with IEPs and 504 plans for the move to the next school.

This event will be virtual and will not be recorded. For the link, please see our February Newsletter or email us at princetonsepag@gmail.com. RSVPs are encouraged.

PHS COUNSELING UPDATES



101: Fund Scholarship is live! Deadline is approaching! Seniors should check out 101fund.org for an application! Submit it before April 4th!

Junior College Planning Night: Wednesday evening at 7pm is our Junior College Planning Evening for all students and parents in 11th grade.
<https://princetonk12.zoom.us/j/83420024972?pwd=V3dTeS84RVZ0VHM3eUNgZzV5VU8wQT09>

Passcode: 013985

PHS Health and Wellness Green Team News

Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.

Open Space/Sustainability Events Around Town:

Friends of Princeton Open Space: Love Your Park Day

February 12, 9:00 a.m.-Noon; Mountain Lake House Parking lot, 57 Mountain Ave. Volunteers will work on a beautification + stewardship project at Mountain Lakes Park.

Visit <https://www.fopos.org/getinvolved> for more information and to register.

Sustainable Princeton: An Invitation to Learn about Sustainability at PPS

Wednesday, February 16, 6:30-8:00 p.m., Zoom information below

Join Sustainable Princeton to learn about their partnership with our district. Topics to be covered include the recent energy-efficiency upgrades at the four elementary schools, as well as future plans for solar and other initiatives. After the presentation, there will be opportunities to ask questions. This webinar is free and open to the public using this zoom link. Please also save the date for an interactive Town Hall on March 16 to discuss new ideas and find out what sustainability programs are most important to the Princeton community. Stay tuned for the location and other details for this event.

The Watershed Institute: Great Backyard Bird Count Walk

Saturday, February 19, 9-10:30 a.m., 31 Titus Mill Rd., Pennington

Join us for a walk around the Watershed reserve in search of the birds tough enough to brave New Jersey's winter. Participants of all skill levels are welcome to attend!

The Great Backyard Bird Count, an annual February event that brings people around the world together to watch, learn about, count and celebrate birds, takes place this year from Feb. 18-21. This year marks the 25th anniversary of the event, a collaboration between the Cornell Ornithology Lab, the Audubon Society and Birds Canada/Oiseaux Canada. Visit <https://thewatershed.org/programs-events-page/> for more information.

Cranbury Public Library: Great Backyard Bird Count

Saturday, February 19, 10:30 a.m., Village Park, Cranbury

Join Cranbury resident Kathy Easton as she provides tips on identifying birds by sight and sound. Walk through Village Park looking for birds and counting them for the Great Backyard Bird Count. All group observations will be recorded and submitted to The Cornell Lab where they will be combined with counts from around the world. Visit

<http://engagedpatrons.org/EventsExtended.cfm?SiteID=1825&EventID=453327&PK=> for more information and to register.

Friends of Hopewell Valley Open Space: Great Backyard Bird Count Walk

Sunday, February 20, 8:30 a.m., Heritage Preserve, 1564 Reed Road, Pennington
Please join Friends of Hopewell Valley Open Space for the Great Backyard Bird Count at the Heritage Preserve on Reed Road. We will be helping to count birds to take a real time snapshot of birds in our area. Our list will help researchers learn about how birds are doing, if populations are changing or remaining stable. We will walk the trail and count what we see and hear. The list will then be submitted to eBird, a website dedicated to birds. [Click here for more information.](#)

Friends of Princeton Open Space: Give Thanks for Nature Photo Contest

Professional and amateur photographers alike are encouraged to take their best shot of all that the Billy Johnson Mountain Lakes Nature Preserve and Woodland Preserve has to offer for a chance to win prizes courtesy of photo contest sponsor, REI. Entries must be submitted by midnight, March 31, 2022. [Click HERE for details.](#)

IN THE COMMUNITY

In partnership with PEBC, The Literacy Consultants Coalition, is hosting its third conference on Saturday, February 26th. The purpose of the Teaching Literacy in Times of Reflection, Resistance, and Resilience: A Clarion Call for Anti-Racist and Anti-Bias Teaching conference is to energize and inspire educators as they continue working to meet the needs of all students through many intentional actions, including standing against racism and oppressive practices.

This event features an impressive lineup of nationally known speakers. The keynote will be delivered by Dr. Sonja Cherry-Paul, the adapter of the #1 New York Times Best Seller, *Stamped (For Kids)*. She is an educator, author, and the co-founder of the Institute for Racial Equity in Literacy. Other featured speakers include: Lorena Germán, Liz Kleinrock, Cornelius Minor with Nawal Qarooni Casiano, and Dr. Ghody Muhammad. In addition, there will be many other speakers who will share their experiences with teaching during both a pandemic and a time of great social unrest.

To support those who are seeking additional learning opportunities that align to PDP and/or APP goals, the district has agreed to provide registration for a limited number of educators. If you are interested in participating in this powerful day of learning, do not register on the conference website. Instead, you should complete the district form available at https://docs.google.com/forms/d/e/1FAIpQLSeGHGXCHx1xycwQil53BnXALjhydo-UndcRAVDpw4EyZcfE2Q/viewform?usp=sf_link. In order to take advantage of the group rate, we will centrally register those who commit to attend. The form must be completed by Friday, February 18th.

[Please follow along with PHS Athletics news, scores and more online!](#)

The Tiger Tribune is a “Friday” communication for PHS Families.

Princeton High School

151 Moore Street, Princeton, NJ 08540

For submissions: Email tigertribune20@princetonk12.org



[Visit us on Facebook](#)

[Follow us on Instagram @princetonhs](#)



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FEBRUARY 11 - FEBRUARY 18

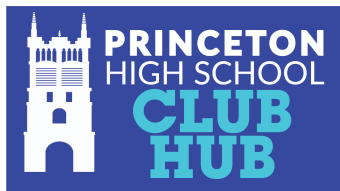
No School: February 21

[If you missed last week's Tribune, click here to check out our Save the Date List.](#)

STUDENTS: MALCOLM X IN-SCHOOL FILM SCREENING - FEBRUARY 22ND

- The film, Malcolm X, will be screening all day in the Learning Commons on Tuesday, February 22nd! Please come during your free periods or during Tiger Time.
 - The Autobiography of Malcolm X is available for borrowing from the Learning Commons and via Sora.
 - All of this is in celebration of [Black History Month](#) and [The African American Read In.](#)
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All students are invited into the PHS TIGERS Canvas Page. Within the page, students receive announcements including Principal Chmiel's daily message and other important messages. They can also use the Club Hub to check out the list of our current clubs and their leader/advisor names so students can join. **All students should check Canvas regularly and/or set their notifications to send them messages when there are updates or messages.**

SAVE THE DATE: WINTER CLUB FAIR

The Winter Club Fair is the chance for our clubs to recruit new members for the spring in order to finish and start off the next year strong. Students will

have the chance to check out our PHS Clubs during their PE periods on Friday, March 18th. Sign ups to staff the Club Tables will be coming soon!

PHS MERCH FOR SALE



Students and families wishing to buy PHS Gear have so many great choices out there. Here are just two of them in case you are looking for some Spring swag for Tiger Fridays!

[Unified Spectrum](#) or [PHS SCHOOL STORE](#)

PHS YEARBOOK INFORMATION

Club photos are being taken right now! If you haven't signed up for a group photo for your club or submitted your own, please email princeyearbook@gmail.com for information.

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Purchase a yearbook [here](#) using code 4078. Thank you!




PRINCETON HIGH PARENT-TEACHER ORGANIZATION

[PHS PTO March Meeting: Wed., March 2nd @7:00 \(Zoom\)](#)

Please join the PHS PTO for our March meeting on Wednesday, March 2nd at 7:00 pm on Zoom (link will be emailed out the day before the meeting).

Our guest speakers will be Michelle Simborski, PPS Crisis and Substance Assistance Counselor, and Riva Levy, Prevention Programs Coordinator at Corner House. They will share their insights and observations on our students' mental health and will provide key information and resources to help us navigate and support our teens. Principal Chmiel will share his monthly update. All are welcome and encouraged to attend.


PRINCETON HIGH PTO
PRESENTS:


TACKLING TEEN MENTAL HEALTH

Join us at our March meeting where our guest speakers will be Michelle Simborski, PPS Crisis and Substance Assistance Counselor, and Riva Levy, Prevention Programs Coordinator at Corner House. They will share their insights and observations on our students' mental health and will provide key information to help us navigate and support our teens.

WEDNESDAY, MARCH 2, 2022
7:00 PM
ZOOM

A link will be emailed the day before the meeting.

Contact us at any time at
PrincetonHSpto@gmail.com.





Faculty/Staff Appreciation event: Friday, March 4th

Please help us make the day a little sweeter!

The PHS P.T.O. is hosting our 1st Faculty/Staff Appreciation Sweets & Treats Table on Friday, March 4th. Please help us make it a sweet event by donating a dessert or a fruit bowl. For more information and to sign-up, please use the link below. Thanks in advance!

<https://www.signupgenius.com/go/20f044caef28a5f85-faculty>

Welcoming Spring with your Princeton Perks Card



- Enjoy the warmer weather on your bike with new accessories from Kopp's Cycles (10% off accessories)
- Welcome spring by taking care of all beauty needs at La Jolie Salon (10% off service for new customers, 10% off products current clients)
- Brighten your home with fresh flowers or houseplants from Vaseful (10% off excluding holidays)
- On a rainy day get the kids out to play at Princeton Playspace (10% open play), get a STEAM kit from scienceSeeds (10% off DIY kits), and enjoy treats at Milk & Cookies (10% off)
- Relax with a cup of tea from Tipple + Rose (10% off loose leaf tea bar) while Tidy Nerd (10% off) comes and organizes your spaces
- Soothe your soul with new records from Princeton Record Exchange (10% off record exchange)
- Schedule a session with Cyndi Shattuck archiving (10% off first process) to organize family memories made
- Get the car ready for spring trips at Princeton Sunoco on Nassau (10% off services)
- Nurture yourself with freshly baked bread each week from Terra Momo Bread Co (10% off Sun-Thurs)

Order your wallet size card today for discounts at 70 plus local stores for all of 2022!

go to **Princetonperks.com** or scan QR Code

Princeton Perks 2022 discount cards
support local schools and businesses while offering an array of good deals for cardholders.

Shop, Save and Support

Why are you paying more when shopping in town?

Save \$\$ and PERK Up in 2022.

The 2022 Princeton Perks Local Discount Card sales end February 25th. The Princeton Perks discount card fundraiser, led by the PPS Parent-Teacher Organizations (PTOs) is back for another year of savings. Your Princeton Perks discount card will get you great deals all around town this year and help raise funds for the PHS PTO. Card sales are live on the PHS PTO site, www.princetonhspto.weebly.com. Visit www.princetonperks.com for the list of participating businesses and more information. Help support our local small businesses and Princeton High School.

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PHS Health and Wellness Green Team News

Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.

This Week's Sustainability Tip: Avoiding Fast Fashion

Teenagers may enjoy fast fashion because it's an inexpensive way to keep up with latest trends, but it takes an incredible toll on the environment and on the people who make it. Read about why fast fashion is harmful to the environment, and encourage your students to follow these easy steps to be sustainably fashionable.

- **Did you know that the average American throws away around 65 pounds of clothing/year?** That totals around 12.8 million tons of clothing which is equivalent to a football field filled 14 feet deep with clothes that sit rotting in landfills leaching toxic chemicals and dyes into local soil and groundwater.
- The fashion industry is said to be the second dirtiest in the world (the oil industry is first), and its CO2 emissions are projected to increase by more than 60% to nearly 2.8 billion tons per year by 2030.
- Cheap fashions are generally made by underage workers who earn less than \$3/day working an average of 14 hours/day in sweatshops. The majority of these workers are girls and young women.

- Cotton is a demanding crop which can require 20,000 liters of water to produce just one t-shirt or pair of jeans. Most cotton is grown on irrigated land which can threaten water security in some areas. Although a mere 2.4% of cropland cultivates cotton, it accounts for 24% and 11% of the world's pesticide and insecticide use respectively. In addition, the dying process is both energy and very chemically intensive. Discharge water contaminated with chemicals from the dying process threatens waterways and fresh water supplies.
- There are many easy and inexpensive ways to be fashionable without the environmental and human toll that fast fashion takes. Consider these easy options:
 - Shop at consignment stores where you'll find unusual and unique fashions at a fraction of the cost of retail. In Princeton, we have the Nearly New Shop, Greene Street, and Princeton Consignment.
 - Consider hosting a clothing swap with friends.
 - There are numerous online sites where you can buy gently used clothing, and sell your own, as well.
 - Consider buying organic cotton clothing or items made with recycled content. Sustainable fashion is becoming more common, with retailers like H&M and Patagonia leading the way.
 - Consider buying fewer items that are better made and which will last longer.
 - When you're ready to clean out your closet, donate items to charity, consign them to local shops, host a swap meet with friends, or sell them online or at a yard sale. Unwearable clothing can be donated to Pick Up Please.

It's easy to save some green, be green, and be fashionable, too. For more information visit:

<https://www.independent.co.uk/life-style/fashion/environment-costs-fast-fashion-pollution-waste-sustainability-a8139386.html>

<https://www.bustle.com/p/how-to-recycle-clothes-shoes-that-arent-in-good-condition-15723408>

Open Space/Sustainability Events Around Town:

The Watershed Institute: Great Backyard Bird Count Walk

Saturday, February 19, 9-10:30 a.m., 31 Titus Mill Rd., Pennington

Join us for a walk around the Watershed reserve in search of the birds tough enough to brave New Jersey's winter. The Great Backyard Bird Count, an annual February event that brings people around the world together to watch, learn about, count and celebrate birds, takes place this year from Feb. 18-21. This year marks the 25th anniversary of the event, a collaboration between the Cornell Ornithology Lab,

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Webinar: Live from Duke Farms - Sugar Maple Ecology

Saturday, February 26, 2021: 10:30-11:15 a.m.

Learn about the complicated relationships between these trees and their fellow flora and fauna, what they need to thrive, and what valuable lessons humans can learn from them. We will also demonstrate how sugar maples are tapped and how you can identify these trees by their characteristics. Visit

<https://www.eventbrite.com/o/duke-farms-7459403857> to register for this free event.

Friends of Princeton Nursery Lands: What's Up, Woodcock? Urban Woodcock

Research In NJ

Tuesday, March 1, 2022 at 7:30 p.m., Free via Zoom

The Woodcock, a harbinger of spring, is one of the first birds seen in the spring migratory journey north. But why are they so seldom seen, and where and how can they be found? Join Rutgers PhD candidate Kathleen Farley and Friends of Princeton Nursery Lands to get the inside scoop on the ever-elusive American Woodcock. Please [Pre-register](#), or call 609- 683-0483, so that a Zoom link can be sent in advance.

Friends of Princeton Open Space: Give Thanks for Nature Photo Contest

Professional and amateur photographers alike are encouraged to take their best shot of all that the Billy Johnson Mountain Lakes Nature Preserve and Woodland Preserve has to offer for a chance to win prizes courtesy of photo contest sponsor, REI. Entries must be submitted by midnight, March 31, 2022. [Click HERE for details.](#)

IN THE COMMUNITY

Please Join Us in the Princeton 5K on March 19 - Run, Walk, or Remote

The thirteenth Princeton 5K is on Saturday, March 19, 2022. Athletes - young and old, big and small, fast and not as fast - come together year after year to run or walk while supporting the Princeton High School Cross Country and Track & Field teams. It's the teams' largest annual fundraiser, and the money we raise supports lower-income students in need of gear, funding for athletic equipment not covered by the PPS budget, tents for rainy weather meets, and season-end recognition for athletes and coaches, etc.

The in-person race starts in front of Princeton Middle School at 217 Walnut Lane at 8:30AM. Runners can organize into teams. In 2022, we are adding a 300m kids dash for all children under the age of 10.

This year there is also a virtual option that runners can complete any time between March 19th and 26th. You can choose when and where you run or walk your 5K. Wait for the perfect sunny afternoon. Take your favorite running partner, two-legged or four. Push a stroller. All are welcome in this year's 5K!

Sign up and get more information at princeton5k.com. T-shirts are guaranteed for all who register before March 1. Registration is also available in-person on race day.

Questions? Contact Rob Tangen, Princeton 5K Coordinator, Princeton High School Cross Country - Track & Field Boosters
theprinceton5K@gmail.com

<https://runsignup.com/Race/NJ/Princeton/PrincetonNJ5K>

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Princeton High School

151 Moore Street, Princeton, NJ 08540

For submissions: Email tigertribune20@princetonk12.org



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[Follow us on Instagram @princetonhs](#)



PRINCETON HIGH SCHOOL TIGER TRIBUNE

FEBRUARY 25 - March 4


TOP STORIES

**"WE ARE...
PRINCETON PUBLIC SCHOOLS"
ANNUAL K-12 ART EXHIBITION**

Featuring student artwork from all six schools based on the theme of "self-portraiture/identity/community"

Riverside
Community Park
Princeton High School

Littlebrook
Johnson Park
Princeton Middle School



**OPENING CELEBRATION: 6 PM – 8 PM
FEBRUARY 25, 2022
NUMINA GALLERY, PRINCETON HIGH SCHOOL
151 MOORE ST. PARKING ON WALNUT LN. / HOUGHTON RD.**

TONIGHT!!!

PPS District Collaborative Art Show 2022 "WE ARE...Princeton Public Schools"

Come and celebrate the wonderful artwork from our students of all ages at the annual K-12 Art Department Student Exhibition. The show will feature artwork by students from all six schools based on the theme of "self-portraiture/identity/community."

**Friday, February 25, 2022
6:00 PM-8:00 PM**

**Numina Gallery at Princeton High School
Please enter through the PAC lobby.**

PHS BLACK HISTORY MONTH STUDENT ASSEMBLIES

ALL PHS students will participate in an assembly on March 3 to honor Black History month and experience the role of gospel music in African American history and culture.



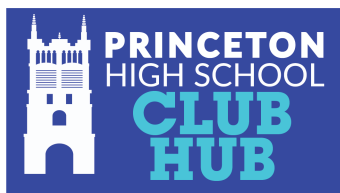
PPS Black History Celebration: March 4, 2022

- PPS District wide art show begins at 6pm in the Numina Gallery
 - Black History month Concert begins at 7:30 in the PHS Performing Arts Center.
-



CALLING ALL SOPHOMORES! Want to be a student leader next year. Our community partner, Corner House, is accepting applications for two of their awesome leadership programs. [You can see the application here.](#) Due March 22.

REMINDER: STUDENT CANVAS PAGES & CLUB HUB!



All students are invited into the PHS TIGERS Canvas Page. Within the page, students receive announcements including Principal Chmiel's daily message and other important messages. They can also use the Club Hub to check out the list of our current clubs and their leader/advisor names so students can join. **All students should check Canvas regularly and/or set their notifications to send them messages when there are updates or messages.**

SAVE THE DATE: WINTER CLUB FAIR

The Winter Club Fair is the chance for our clubs to recruit new members for the spring in order to finish and start off the next year strong. Students will have the chance to check out our PHS Clubs during their PE periods on Friday, March 18th. Sign ups to staff the Club Tables will be shared via Canvas.


PHS MERCH FOR SALE





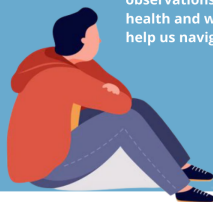


Students and families wishing to buy PHS Gear have so many great choices out there. Here are just two of them in case you are looking for some Spring swag for Tiger Fridays!

[Unified Spectrum](#) or [PHS SCHOOL STORE](#)

Note: Senior T is delayed just a bit. This Item will hopefully be added Monday. Thank you for your patience.



PRINCETON HIGH
PARENT-TEACHER ORGANIZATION



PRINCETON HIGH PTO
PRESENTS:

**TACKLING TEEN
MENTAL HEALTH**

Join us at our March meeting where our guest speakers will be Michelle Simborski, PPS Crisis and Substance Assistance Counselor, and Riva Levy, Prevention Programs Coordinator at Corner House. They will share their insights and observations on our students' mental health and will provide key information to help us navigate and support our teens.

WEDNESDAY, MARCH 2, 2022
7:00 PM
ZOOM

A link will be emailed the day before the meeting.

Contact us at any time at
PrincetonHSpto@gmail.com.

PHS PTO March Meeting:
Wednesday, March 2nd @7:00pm

Please join the PHS PTO for our March meeting on Wednesday, March 2nd at 7:00 pm via Zoom (link will be emailed out the day before the meeting).

Our guest speakers will be Michelle Simborski, PPS Crisis and Substance Assistance Counselor, and Riva Levy, Prevention Programs Coordinator at Corner House. They will share their insights and observations on our students' mental health and will provide key information and resources to help us navigate and support our teens. Principal Chmiel will share his monthly update. All are welcome and encouraged to attend.

PRINCETON HIGH SCHOOL PTO

WE'VE GOT SEATS TO FILL.

**BRING YOUR LEADERSHIP
TO THE TABLE.**



PRINCETON HIGH
PARENT-TEACHER ORGANIZATION

**2022-2023 PHS PTO BOARD
NOMINATIONS NOW OPEN**

Make a difference at Princeton High School.

The PHS PTO has Executive Board positions open for the 2022-2023 school year. Share your talents and leadership with our school community.

For more information and to submit an interest form, visit our site at www.princetonhspto.weebly.com
Under Parent Resources-Getting Involved

PHS PTO 2022-2023 Board Nominations Now Open

We want YOU to be on our PTO Executive Board! The Princeton High School PTO is looking for energetic and committed individuals to join the executive board in the 2022-2023 school year. If you're ready to play a substantial role in supporting our school, we want to hear from you! Learn more and submit your interest form on our site at <http://princetonhspto.weebly.com/volunteergetting-involved.html>. Know someone who would be a great addition to the PTO board? Nominate them by emailing us at Princetonhspto@gmail.com

***Nominations will be taken until March 25, 2022**



Faculty/Staff Appreciation event: Friday, March 4th

WE NEED YOUR HELP!

Please help us make the day a little sweeter. The PHS P.T.O. is hosting our 1st Faculty/Staff Appreciation Sweets & Treats Table on Friday, March 4th. Please help us make it a sweet event by donating a dessert or a fruit bowl. This small gesture makes a BIG impact!! For more

information and to sign-up, please use the link below. Dropping off baked goods not your thing but still want to help in some way, email us at princetonhspto@gmail.com

Thanks in advance!

<https://www.signupgenius.com/go/20f044caeaf28a5f85-faculty>



**Why are you paying more when shopping in town?
Save \$\$ and PERK Up in 2022.**

The 2022 Princeton Perks Local Discount Card sales ends this weekend!

The Princeton Perks discount card fundraiser, led by the PPS Parent-Teacher Organizations (PTOs) is back for another year of savings. Your Princeton Perks discount card will get you great deals all around

town this year and help raise funds for the PHS PTO. Card sales are live on the PHS PTO site, www.princetonhspto.weebly.com. Visit www.princetonperks.com for the

list of participating businesses and more information. Help support our local small businesses and Princeton High School.

* All funds raised will go towards a variety of end-of-year initiatives including Prom, offsetting the cost of prom tickets for under-resourced students, and certain school spirit and staff appreciation activities.



PPS Special Ed PTO

The purpose of the PPS Special Education PTO is to support students, families and the district through communication, collaboration and community. For more information, please look online at

<https://sites.google.com/view/princetonsepag/home>

SAVE THE DATE:

Princeton SEPAG To Host Event For Rising 6th and 9th Grade Families

Please join us on Wednesday, March 16, 2022 at 6:00 p.m. for our "What's Next? Preparing for the Transition to Princeton Middle or High School" program. PPS Special Education Supervisors Beth Murrin (PMS) and Crystal Riddick (PHS) will provide a brief overview of special education programming at their schools. Their presentation will be followed by a parent panel Q&A session where PPS parents will share their middle school and high school experiences and offer tips for preparing kids with IEPs and 504 plans for the move to the next school.

This event will be virtual and will not be recorded. For the link, please see our February Newsletter or email us at princetonsepag@gmail.com. RSVPs are encouraged.

PHS YEARBOOK INFORMATION

Club photos are being taken right now! If you haven't signed up for a group photo for your club or submitted your own, please email princeyearbook@gmail.com for information.

Call for Senior Kid Pics for Yearbook: Attn Senior Families! The Prince Yearbook is collecting kid pics for every senior. They are looking for photos that show your kiddo's true personality age approx 3-7 years old. Please submit the Kid Pic through www.yearbookordercenter.com code 4078. Follow the prompts provided at the bottom of the page that states "share photos with eShare" and select click here to upload a general photo. **Photos are due by February 28th.**

Senior Farewell Messages: Attn Senior Families! The Prince has limited space available for Senior Farewell advertisements. You can create and purchase your Farewell message to your senior online at www.yearbookordercenter.com using code 4078. Thank you for your support. This program allows the Prince to provide yearbooks free of charge to our seniors eligible for free or reduced lunch. We sell until we are out of space (normally late February). We are a little ahead of previous years, so please create yours today. Thank you for your support.

Purchase a yearbook [here](#) using code 4078. Thank you!

PHS COUNSELING UPDATES

101:
The 101 Fund

ATTENTION PHS SENIORS!

The 101: Fund college scholarship application is live!

Deadline is April 4, 2022
www.101fund.org



101: Fund Scholarship is live! Deadline is approaching! Seniors should check out 101fund.org for an application! Submit it before April 4th!

PHS Health and Wellness Green Team News

Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.

Open Space/Sustainability Events Around Town:

Webinar: Live from Duke Farms - Sugar Maple Ecology

Saturday, February 26, 10:30-11:15 a.m., Free

Learn about the complicated relationships between these trees and their fellow flora and fauna, what they need to thrive, and what valuable lessons humans can learn from them. We will also demonstrate how sugar maples are tapped and how you can identify these trees by their characteristics. To register, visit

<https://www.eventbrite.com/o/duke-farms-7459403857>

Friends of Princeton Nursery Lands: What's Up, Woodcock? Urban Woodcock Research in NJ

Tuesday, March 1, 7:30 p.m., Free via Zoom

The Woodcock, a harbinger of spring, is one of the first birds seen in the spring migratory journey north. But why are they so seldom seen, and where and how can they be found? Join Rutgers PhD candidate Kathleen Farley and Friends of Princeton Nursery Lands to get the inside scoop on the ever-elusive American Woodcock. Please Pre-register, or call 609- 683-0483, so that a Zoom link can be sent in advance.

Friends of Princeton Open Space: Call for Land Stewards!

Saturday, March 5, 9:00 a.m.-Noon, 57 Mountain Avenue

Join the Friends of Princeton Open Space and dig into their new project: Riparian Restoration Project: Help Restore the Lakeshore. Volunteers will work under the guidance of FOPOS' stewardship staff to identify and remove target invasive species from the northern bank of Mountain Lake using pruners, loppers, and hand saws.

We will also plant natives and install protective deer-exclusion caging. Invasive shrubs, such as Japanese honeysuckle (*Lonicera maackii*) and burning bush (*Euonymus alatus*), will be replaced with native species including viburnums, dogwoods, and oaks. For more information and to register, visit

<https://www.fopos.org/getinvolved>

Princeton Public Schools and Sustainable Princeton: Sustainability in Our Schools World Cafe

Wednesday, March 16, 7:00-8:30 p.m.

Whether you are a teacher, student, parent, or community member, you are cordially invited to participate in an interactive World Café. During this event, we will break into small groups to consider each of our concerns and ideas regarding sustainability within the Princeton Public Schools. A World Café is an innovative methodology that enhances the capacity for collaborative thinking about critical issues by linking small group and large group conversations. In the process, knowledge grows, a sense of the whole becomes real and new possibilities become

visible. At the conclusion of the three 20-minute rounds of facilitated conversations within small groups, we will gather as a whole group for the harvesting of insight. This is where the invisible connections become visible.

To ensure this is a safe and welcoming space for all, participants will be asked to use an identifiable name on their zoom login. Please sign-up to join us! Register for this event [here](#).

The Watershed Institute: World Water Day

Saturday, March 19, 10-Noon or 12:30-2:30 p.m., 31 Titus Mill Rd., Pennington

Join us for this free event to celebrate World Water Day 2022! Whether you are comfortable indoors or prefer outdoor activities, we have activities for everyone to enjoy. For more information and to register, visit

<https://thewatershed.doubleknot.com/registration/calendardetail.aspx?activitykey=2891850&orgkey=3916&ReturnURL=//thewatershed.doubleknot.com/app/calendar/month/3916/2022-03-01/3916/0/>

Mercer County Park: Eyes on Eagles

Saturday, March 26, Marina Parking Lot, Mercer County Park, Free
(4) 30 min. timeslots starting at 1:30 p.m.

Join the Mercer County Park program leaders lakeside to appreciate the resident Bald Eagles! During these 30-minute sessions, the program leaders will interpret Bald Eagle ecology and behavior, provide participants with an up-close look at the park's nesting pair and answer any questions. Each 30-minute session will be limited to 20 participants. To register, visit

https://register.capturepoint.com/reg/cat_program_class_detail.cfm?s=&t=&season_id=24733&program_id=1636037&family_mbr_str=

Friends of Princeton Open Space: Give Thanks for Nature Photo Contest

Professional and amateur photographers alike are encouraged to take their best shot of all that the Billy Johnson Mountain Lakes Nature Preserve and Woodland Preserve has to offer for a chance to win prizes courtesy of photo contest sponsor, REI. Entries must be submitted by midnight, March 31, 2022. Click [HERE](#) for details.

Spotted Salamander Migration Alert!

During the first warm rains of March, spotted salamanders emerge from the soil and begin their migration back to their natal pools to mate and lay eggs. To do this, they cross roads and driveways and are in danger of being killed by speeding cars.

How to Help:

Drive with Care: During March nights with precipitation, avoid driving or drive slowly on forested and rural roads, and watch the road for amphibians crossing.

While it's too late to volunteer to be a chaperone for this year's migration, you can watch the training sponsored by the Sourland Conservancy [here](#):

<https://www.youtube.com/watch?v=kNz6pJe9a84>

Visit the Sourland Conservancy's website for more information,
<https://sourland.org/amphibian-crossing-guards/>

IN THE COMMUNITY

Please Join Us in the Princeton 5K on March 19 - Run, Walk, or Remote

The thirteenth Princeton 5K is on Saturday, March 19, 2022. Athletes - young and old, big and small, fast and not as fast - come together year after year to run or walk while supporting the Princeton High School Cross Country and Track & Field teams. It's the teams' largest annual fundraiser, and the money we raise supports lower-income students in need of gear, funding for athletic equipment not covered by the PPS budget, tents for rainy weather meets, and season-end recognition for athletes and coaches, etc.

The in-person race starts in front of Princeton Middle School at 217 Walnut Lane at 8:30AM. Runners can organize into teams. In 2022, we are adding a 300m kids dash for all children under the age of 10.

This year there is also a virtual option that runners can complete any time between March 19th and 26th. You can choose when and where you run or walk your 5K. Wait for the perfect sunny afternoon. Take your favorite running partner, two-legged or four. Push a stroller. All are welcome in this year's 5K!

Sign up and get more information at princeton5k.com. T-shirts are guaranteed for all who register before March 1. Registration is also available in-person on race day.

Questions? Contact Rob Tangen, Princeton 5K Coordinator, Princeton High School Cross Country - Track & Field Boosters
theprinceton5K@gmail.com

<https://runsignup.com/Race/NJ/Princeton/PrincetonNJ5K>

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[Please follow along with PHS Athletics news, scores and more online!](#)

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The Tiger Tribune is a “Friday” communication for PHS Families.

Princeton High School
151 Moore Street, Princeton, NJ 08540
For submissions: Email tigertribune20@princetonk12.org




[Visit us on Facebook](#) [Follow us on Instagram @princetonhs](#)

PRINCETON HIGH SCHOOL TIGER TRIBUNE

March 4 - March 11

PHS CAREER WEEK IS HERE!



PHS CAREER WEEK
MARCH 7-11

MONDAY
SLIP INTO YOUR FUTURE
Wear slippers to school!
DINE & DASH
(GYM)

TUESDAY
YOUR FUTURE IS BRIGHT
Wear Neon & Sunglasses
HOW TO TIE A TIE
(PAC LOBBY)

WEDNESDAY
WHAT TO BE...
Dress as a career
SHAKE HANDS LIKE A PRO
(PAC LOBBY)

THURSDAY
DRESS FOR SUCCESS
Dress in business attire
CAREER CHAT: GUEST SPEAKER
(PAC)
PIZZA N LOBBY

FRIDAY
YOUR FUTURE STARTS HERE
Wear PHS gear or blue and white!
RESUME WRITING TIPS
(IDEAS CENTER)

DAILY RAFFLES FOR PARTICIPANTS

2022 PHS GOLD KEY AWARD FOR MERITORIOUS SERVICE



Submit your nominations

Consideration for the award is based solely upon demonstrated service, positive character, and leadership. The greatest consideration is given to **service** rendered to Princeton High School. Open to current Juniors or Seniors.

Info: tinyurl.com/22GoldKeyRegs
Nominate: tinyurl.com/22GoldKeyNom

Nominations are Open now.

PHS Gold Key is an honor given to up to 5% on the Junior class and 10% of the Senior Class. All members of the PHS community are encouraged to nominate juniors and seniors for consideration. Award criteria is based solely upon positive character, leadership, and service. The greatest consideration is given to service rendered to Princeton High School. [You can read more about Gold Key here.](#) Or [Nominate a student here by Friday, March 18th.](#)



Please Upload and Update Booster and Vaccination Information in Power School

A huge thank you to everyone who received a vaccination at one of our PPS Clinics (hosted in conjunction with the Princeton Department of Health) and to everyone who has uploaded a vaccination card to Power School. In recent weeks, many more of our students have received vaccinations or boosters. Please update your student's vaccination status.

- To upload information about a booster shot, [click here](#) to see the instructions.
- To upload information about a completed vaccination series of two shots, please follow the instructions at the bottom of [this webpage](#).
- Having this information on file enables us to make sure that we follow the appropriate protocols if your student is a close contact of an individual who tests positive for COVID-19.

PHS AP Environmental Students Partner to create online lecture series on Climate Change. -Click image for more information-

Climate Change Lecture Series

Online & open to the Princeton public!

 MIRIAM SHAKOW TCNJ Professor Politics March 19th @ 5 PM EST	 THOMAS NEMECEK Agroscope Researcher Agri-foods March 26th @ 2 PM EST	 DANIEL DRUCKENBROD Rider U. Professor Tree Rings April 2nd @ 5 PM EST
 CURTIS DEUTSCH Princeton U. Professor Species Extinction April 23rd @ 5 PM EST	 Lecture + Q&A Scan for Links!	 ROBERT KOPP Rutgers U. Professor Sea-Level Rise May 7th @ 5 PM EST



CALLING ALL SOPHOMORES! Want to be a student leader next year. Our community partner, Corner House, is accepting applications for two of their awesome leadership programs. [You can see the application here.](#) Due March 22.

REMINDER: STUDENT CANVAS PAGES & CLUB HUB!



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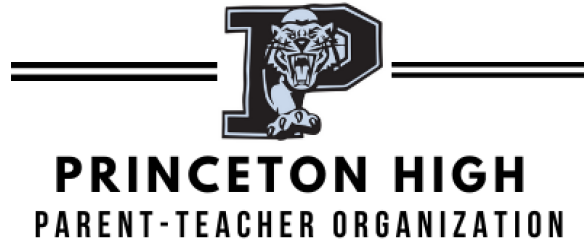
NEW DATE!!! WINTER CLUB FAIR

The Winter Club Fair is the chance for our clubs to recruit new members for the spring in order to finish and start off the next year strong. We had to change the date of the club fair. It is Now March 21st! Club leaders can sign up through the link on the Club Leader Canvas page reachable through Club Hub.

PHS Senior T-Shirt on Sale Now



Senior Tees are up for sale now! Special thanks to our Prince Yearbook staff. Because of their support, shirts will only be \$5 for our seniors!!! **Orders need to be placed by March 20** in order to receive your shirt on the 29th!! Shirts will be worn at our Senior group picture taken during break on March 30! [Click here to purchase.](#)



PRINCETON HIGH SCHOOL PTO

WE'VE GOT SEATS TO FILL.

BRING YOUR LEADERSHIP TO THE TABLE.




PRINCETON HIGH
PARENT-TEACHER ORGANIZATION

2022-2023 PHS PTO BOARD NOMINATIONS NOW OPEN

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For more information and to submit an interest form, visit our site at www.princetonhspto.weebly.com
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[PHS PTO 2022-2023 Board Nominations Now Open](#)

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Princeton Mobile Food Pantry - Request For Volunteers

The Princeton Mobile Food Pantry is seeking volunteers to help pack and/or deliver fresh groceries and essentials to families in the Princeton neighborhood. Our primary focus is on families with children in Princeton Public Schools.

Our current scheduled delivery dates are: 3/16, 3/30, 4/20, 5/4

- Packing starts at 9am and finishes approximately around 10:15am. It happens outside, between McCafferies and the former Bon Appetit location. It involves some heavy lifting.
- Delivery starts at 10:45am where volunteers help load your car with the groceries. After which, you will be provided with a handful of addresses to deliver the groceries. Delivery is

contactless and takes about 45 mins. Some documentation will be reviewed before you first start to deliver on behalf of PMFP.

If you have time to assist pack and/or deliver please take a minute to fill in this form: <https://docs.google.com/forms/d/e/1FAIpQLScHoUJnRNh4GkLV5x-JogPqCsQKHwJKc32Z5Pe9RBfUE5CVWw/viewform>

Please email info@pmfpantry.org if you have any questions. We hope to see you soon!

PPS Special Ed PTO



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PHS YEARBOOK INFORMATION

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PHS COUNSELING UPDATES



101: Fund Scholarship is live! Deadline is approaching! Seniors should check out 101fund.org for an application! Submit it before April 4th!

PHS Health and Wellness Green Team News

Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.

What You Need to Know About the NJ Bag Ban

When the New Jersey [bag ban](#) goes into effect on May 4, it will likely be the strictest in the nation. The bill, originally signed back in November 2020, bans all single-use bags at grocery stores and limits the types of bags non-grocery stores can use. Here is what you need to know about the law:

What about paper bags?

Non-grocery and retail stores can still provide paper bags, but large grocery stores over 2,500 square feet cannot provide paper or plastic bags. For reference, a trade publication says most grocery stores are between [12,00 and 40,000 square feet](#).

What do I do when I go to the grocery store?

Bring your own bags (reusable or single-use), be prepared to buy a reusable one at the register, or carry out your purchase without a bag. Stores cannot require customers to purchase a reusable bag.

What qualifies as a reusable bag?

To be considered reusable, the bag must have handles, be made of some kind of washable fabric, and withstand 125 uses and multiple washes. Anything made of plastic,

regardless of thickness, is not considered reusable. Bags with glued-on handles also don't qualify as reusable.

Do other states also ban paper bags?

No, New Jersey's bag ban is unique in its restriction on paper bags.

Will this affect shop from home grocery orders?

It's a little unclear how major retailers are planning to handle shop from home orders once the ban goes into effect. A state Department of Environmental Protection (DEP) spokesperson confirmed that these types of orders are not exempt from the rules.

What are the exceptions to the plastic bag ban?

According to the DEP, the exceptions are:

- A bag used solely to contain or wrap uncooked meat, fish, or poultry.
- A bag used solely to package loose items such as fruits, vegetables, nuts, coffee, grains, baked goods, candy, greeting cards, flowers, bulk food, or small hardware items.
- A bag used solely to contain live animals, such as fish or insects sold in a pet store.
- A bag used solely to contain food sliced or prepared to order, including soup or hot food.
- A laundry, dry cleaning, or garment bag.
- A bag provided by a pharmacy to carry prescription drugs.
- A bag for newspapers.
- Any similar bag, as determined by the DEP pursuant to rule, regulation, or guidance.

What is polystyrene, and how does that part of the ban impact consumers?

Polystyrene, a plastic used to make food containers, comes in two forms: hard plastic like the condiment containers used by delis, and foam, which is generally associated with the term Styrofoam. Containers made using foam polystyrene will be banned, while the hard version will not be included.

Through May 2024, long soda spoons used for thick milk-shake type drinks, 2-ounce portion cups when used for hot foods or "foods requiring lids," trays for raw meat or fish, and pre-packaged food that comes in that type of packaging will still be allowed.

What about straws?

There is no statewide ban on single-use plastic straws, but as of November 2021, restaurants can only provide one if the customer specifically asks for it. Food service businesses are required to keep a supply of plastic straws on hand, something disability advocates have pushed for when similar straw bans have gone into effect elsewhere.

If you're not used to bringing your own bags to the store, you can prepare in advance for the ban by taking four simple steps:

Step 1: Start gathering enough reusable bags to accommodate your weekly grocery shopping or other large shopping trips.

Step 2: Hang your bags by your door, or put them in your car, where you are likely to remember them. Writing “BAGS” at the top of your shopping list is another effective memory trick.

Step 3: Keep a lightweight, foldable bag in your purse, backpack, or pocket in case of unexpected errands.

Step 4: Don't wait until May 4; start shopping with reusable bags now. Some stores even provide a small refund when you use your own bags.

Details about the law are available from the New Jersey Department of Environmental Protection at nj.gov/dep/plastic-ban-law.

Other information is available at <https://www.bagupnj.com>

Open Space/Sustainability Events Around Town:

Mercer County Parks: Meadow Management Walk

Saturday, March 12, 2:00-4:00 p.m.

Reed Bryant Farm at Mercer Meadows, Free

Managing a meadow habitat is no easy feat, but the species that live there appreciate our hard work. Join a Mercer County Parks naturalist for this guided walk to learn about some common practices that keep the meadow healthy including prescribed burning, mowing, and seeding. For more information and to register, visit [Mercer County Park's website](#).

Princeton Public Schools and Sustainable Princeton: Sustainability in Our Schools World

Cafe: Wednesday, March 16, 7:00-8:30 p.m.

Whether you are a teacher, student, parent, or community member, you are cordially invited to participate in an interactive World Café. During this event, we will break into small groups to consider each of our concerns and ideas regarding sustainability within the Princeton Public Schools. A World Café is an innovative methodology that enhances the capacity for collaborative thinking about critical issues by linking small group and large group conversations. In the process, knowledge grows, a sense of the whole becomes real and new possibilities become visible. At the conclusion of the three 20-minute rounds of facilitated conversations within small groups, we will gather as a whole group for the harvesting of insight. This is where the invisible connections become visible.

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(4) 30 min. timeslots starting at 1:30 p.m.

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Friends of Princeton Open Space: Give Thanks for Nature Photo Contest

Professional and amateur photographers alike are encouraged to take their best shot of all that the Billy Johnson Mountain Lakes Nature Preserve and Woodland Preserve has to offer for a chance to win prizes courtesy of photo contest sponsor, REI. Entries must be submitted by midnight, March 31, 2022. Click [HERE](#) for details.

Spotted Salamander Migration Alert!

During the first warm rains of March, spotted salamanders emerge from the soil and begin their migration back to their natal pools to mate and lay eggs. To do this, they cross roads and driveways and are in danger of being killed by speeding cars.

How to Help:

Drive with Care: During March nights with precipitation, avoid driving or drive slowly on forested and rural roads, and watch the road for amphibians crossing.

While it's too late to volunteer to be a chaperone for this year's migration, you can watch the training sponsored by the Sourland Conservancy here:

<https://www.youtube.com/watch?v=kNz6pJe9a84>

Visit the Sourland Conservancy's website for more information,
<https://sourland.org/amphibian-crossing-guards/>

IN THE COMMUNITY



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Please Join Us in the Princeton 5K on March 19 - Run, Walk, or Remote

The thirteenth Princeton 5K is on Saturday, March 19, 2022. Athletes - young and old, big and small, fast and not as fast - come together year after year to run or walk

while supporting the Princeton High School Cross Country and Track & Field teams. It's the teams' largest annual fundraiser, and the money we raise supports lower-income students in need of gear, funding for athletic equipment not covered by the PPS budget, tents for rainy weather meets, and season-end recognition for athletes and coaches, etc.

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This year there is also a virtual option that runners can complete any time between March 19th and 26th. You can choose when and where you run or walk your 5K. Wait for the perfect sunny afternoon. Take your favorite running partner, two-legged or four. Push a stroller. All are welcome in this year's 5K!

Sign up and get more information at princeton5k.com. T-shirts are guaranteed for all who register before March 1. Registration is also available in-person on race day.

Questions? Contact Rob Tangen, Princeton 5K Coordinator, Princeton High School Cross Country - Track & Field Boosters
theprinceton5K@gmail.com

<https://runsignup.com/Race/NJ/Princeton/PrincetonNJ5K>

[Please follow along with PHS Athletics news, scores and more online!](#)

The Tiger Tribune is a “Friday” communication for PHS Families.

Princeton High School

151 Moore Street, Princeton, NJ 08540

For submissions: Email tigertribune20@princetonk12.org



[Visit us on Facebook](#)

[Follow us on Instagram @princetonhs](#)



PRINCETON HIGH SCHOOL TIGER TRIBUNE

March 11 - March 18



PHS Asian Fest celebrates its 15th annual Celebration of Asian Culture!

Princeton High School is hosting our Asian Festival at 7:00 pm in Tiger Gym on **Friday, March 18th**. Culture and food stations will be open from 7:00 - 8:00pm and student performances are from 8:00 - 9:00pm.

The Asian Festival at Princeton High School is a collaboration of the Chinese and Japanese language classes, the Asian American Club, Chinese Club, Korean Club, Japanese Club, and Bollywood Dance Club, providing students a chance to show their knowledge of culture and language learned

during classes and within clubs. Most importantly, this event is a combined effort to share Asian culture with the community.

There is no admission fee and all members of our PHS community including faculty, staff, students, and their families are welcome.

PHS Senior T-Shirt on Sale Now

Senior Tees are up for sale now! Special thanks to our Prince Yearbook staff. Because of their support, shirts will only be \$5 for our seniors!!! **Orders need to be placed by March 20** in order to receive your shirt on the 29th!!

Shirts will be worn at our Senior group picture taken during break on March 30! [Click here to purchase.](#)



Sustainability in our Schools Town Hall:

Sustainable Princeton is partnering with Princeton Public Schools to host a March 16 Interactive Meeting at 7 PM via Zoom to discuss concerns and ideas regarding sustainability within the Princeton Public Schools. Please sign-up to join us! [Register for this event here.](#)

Princeton Public Schools and Sustainable Princeton present

Sustainability in Our Schools

World Café



SHAPING OUR FUTURES THROUGH CONVERSATIONS THAT MATTER

Wednesday, March 16, 2022 @ 7:00 via Zoom

Everyone is invited to engage in a meaningful conversation about sustainable practices that have the power to improve our schools, community, and world.

What is the World Café Method?

A virtual World Café makes use of an informal café ambiance in a virtual environment for participants to explore an issue by discussing it in small break out rooms intended for more relaxed and open conversations to take place.

To ensure this is a safe and welcoming space for all participants, please register in advance at forms.gle/KmhcWXso7ZRvhWWBA

Questions? Reach out to valerieulrich@princetonk12.org

PHS Spectacle Theatre proudly presents our Spring Musical:

Curtains School Edition on March 24th, 25th and 26th!



"It's the brassy, bright, and promising year of 1959. Boston's Colonial Theatre is host to the opening night performance of a new musical. When the leading lady mysteriously dies on stage the entire cast & crew are suspects. Enter a local detective, who just happens to be a musical theatre fan! Packed with glorious tunes and a witty, charming script filled with delightful characters, CURTAINS is a hilarious journey for both performers and the audience." (TRW)

Due to the limited audience capacity, tickets will go on sale for families of students involved in the show first. Ticket sales will open to the public on Monday, March 14th at 7:00am.

Tickets are available on <https://princetondrama.ludus.com>: \$15 Adults and \$10 Student/Seniors.

The show is double cast, and each cast performs two shows.

Show Dates & Times:

Thursday, March 24th at 7:30 PM (Red Cast)

Friday, March 25th at 7:30 PM (Blue Cast)

Saturday, March 26th at 1:30 PM (Blue Cast)

Saturday, March 26th at 7:30 PM (Red Cast)

All performances will be live at the Princeton High School Performing Arts Center Auditorium.

PHS GOLD KEY for MERITORIOUS SERVICE Nominations are Open now. Due March 18!

PHS Gold Key is an honor given to up to 5% on the Junior class and 10% of the Senior Class. All members of the PHS community are encouraged to nominate juniors and seniors for consideration. Award criteria is based solely upon positive character, leadership, and service. The greatest consideration is given to service rendered to Princeton High School. [You can read more about Gold Key here.](#) Or [Nominate a student here](#) by Friday, March 18th.

2022 PHS GOLD KEY AWARD FOR MERITORIOUS SERVICE



Submit your nominations

Consideration for the award is based solely upon demonstrated service, positive character, and leadership. The greatest consideration is given to **service** rendered to Princeton High School. Open to current Juniors or Seniors.

Info: tinyurl.com/22GoldKeyRegs
Nominate: tinyurl.com/22GoldKeyNom

PHS AP Environmental Students Partner to create online lecture series on Climate Change. -Click image for more information-

Climate Change Lecture Series

Online & open to the Princeton public!

 MIRIAM SHAKOW TCNJ Professor Politics March 19th @ 5 PM EST	 THOMAS NEMECEK Agroscope Researcher Agri-foods March 26th @ 2 PM EST	 DANIEL DRUCKENBROD Rider U. Professor Tree Rings April 2nd @ 5 PM EST
 CURTIS DEUTSCH Princeton U. Professor Species Extinction April 23rd @ 5 PM EST	 Lecture + Q&A Scan for Links!	 ROBERT KOPP Rutgers U. Professor Sea-Level Rise May 7th @ 5 PM EST



CALLING ALL SOPHOMORES! Want to be a student leader next year. Our community partner, Corner House, is accepting applications for two of their awesome leadership programs. [You can see the application here.](#) Due March 22.

REMINDER: STUDENT CANVAS PAGES & CLUB HUB!



All students are invited into the PHS TIGERS Canvas Page. Within the page, students receive announcements including Principal Chmiel's daily message and other important messages. They can also use the Club Hub to check out the list of our current clubs and their leader/advisor names

so students can join. **All students should check Canvas regularly and/or set their notifications to send them messages when there are updates or messages.**

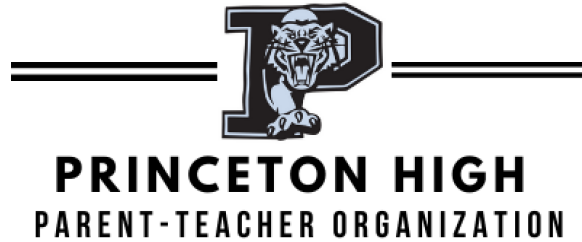
WINTER CLUB FAIR: March 21st!

The Winter Club Fair is the chance for our clubs to recruit new members for the spring in order to finish and start off the next year strong. Club Fair will be held during all PE classes throughout the day on Manday, March 21st. Club leaders can sign up to attend through the link on the Club Leader Canvas page reachable through Club Hub.

PHS YEARBOOK INFORMATION

Yearbooks are still on Sale! Our PHS yearbooks will sell out. Please make sure you preorder one if you want one!

Purchase a yearbook [here](#) using code 4078. Thank you!



What's Next? Preparing for the Transition to Princeton Middle or High School (Virtual)

Wednesday, March 16, 2022, 6:00 p.m.


Join us for an overview presentation by two PPS Supervisors of Special Education - Beth Murrin (Princeton Middle School) and Crystal Riddick (Princeton High School). Their presentation will be followed by a parent panel Q&A session where PPS parents will share their middle school and high school experiences and offer tips for preparing kids with IEPs and 504 plans for the move to the next school.

All PPS parents/guardians are welcome to attend, whether their student is entering PMS or PHS next year or in future years.

Zoom Link:

<https://us02web.zoom.us/j/3979210547?pwd=SVplcXFyMk5tZ1BBT3l6cVRjelBFUT09>

Meeting ID: 397 921 0547, Passcode: 684188.



Princeton SEPAG Presents:

What's Next?

Preparing for the Transition to Princeton Middle or High School

Date: Wednesday, March 16
Time: 6:00 p.m.
On Zoom

Are you unsure of what to expect as your child with an IEP or 504 plan moves up to PMS or PHS?

Join us on Zoom as PPS Special Education Supervisors Beth Murrin and Crystal Riddick present an overview of special education programs at their schools, then hear from a panel of parents as they discuss their experiences and tips.

RSVP to princetonsepag@gmail.com to request the Zoom link

PRINCETON HIGH SCHOOL PTO

WE'VE GOT SEATS TO FILL.

**BRING YOUR LEADERSHIP
TO THE TABLE.**



PRINCETON HIGH
PARENT-TEACHER ORGANIZATION

2022-2023 PHS PTO BOARD NOMINATIONS NOW OPEN

Make a difference at Princeton High School.

The PHS PTO has Executive Board positions open for the 2022-2023 school year. Share your talents and leadership with our school community.

For more information and to submit an interest form, visit our site at www.princetonhspto.weebly.com

Under Parent Resources-Getting Involved

[PHS PTO 2022-2023 Board Nominations Now Open](#)

We want YOU to be on our PTO Executive Board! The Princeton High School PTO is looking for energetic and committed individuals to join the executive board in the 2022-2023 school year. If you're ready to play a substantial role in supporting our school, we want to hear from you! Learn more and submit your interest form on our site at <http://princetonhspto.weebly.com/volunteergetting-involved.html>. Know someone who would be a great addition to the PTO board? Nominate them by emailing us at Princetonhspto@gmail.com

Nominations will be taken until March 25, 2022



Princeton Mobile Food Pantry - Request For Volunteers

The Princeton Mobile Food Pantry is seeking volunteers to help pack and/or deliver fresh groceries and essentials to families in the Princeton neighborhood. Our primary focus is on families with children in Princeton Public Schools.

Our current scheduled delivery dates are: 3/16, 3/30, 4/20, 5/4

- Packing starts at 9am and finishes approximately around 10:15am. It happens outside, between

McCafferries and the former Bon Appetit location. It involves some heavy lifting too.

- Delivery starts at 10:45am where volunteers help load your car with the groceries.

After which, you will be provided with a handful of addresses to deliver the groceries. Delivery is contactless and takes about 45 mins. Some documentation will be reviewed before you first start to deliver on behalf of PMFP.

If you have time to assist pack and/or deliver please take a minute to fill in this form:

<https://docs.google.com/forms/d/e/1FAIpQLScHoUJnRNh4GkLV5x-JogPqCsQKHWJKc32Z5Pe9RBfUE5CVWw/viewform>

Please email info@pmfpantry.org if you have any questions.

PPS Special Ed PTO



The purpose of the PPS Special Education PTO is to support students, families and the district through communication, collaboration and community. For more information, please look online at

<https://sites.google.com/view/princetonsepag/home>

SAVE THE DATE:

Princeton SEPAG To Host Event For Rising 6th and 9th Grade Families

Please join us on Wednesday, March 16, 2022 at 6:00 p.m. for our "What's Next? Preparing for the Transition to Princeton Middle or High School" program. PPS Special Education Supervisors Beth Murrin (PMS) and Crystal Riddick (PHS) will provide a brief overview of special education programming at their schools. Their presentation will be followed by a parent panel Q&A session where PPS parents will share their middle school and high school experiences and offer tips for preparing kids with IEPs and 504 plans for the move to the next school. This event will be virtual and will not be recorded. For the link, please see our February Newsletter or email us at princetonsepag@gmail.com. RSVPs are encouraged.

PHS COUNSELING UPDATES

PHS Scholarship List is posted!

The School Counseling Department is pleased to share with you the PHS Scholarships for 2022!

Please click on this link and click on the "Scholarship Booklet" link:

<https://www.princetonk12.org/princeton-high-school/academics/school-counseling/scholarships>

For the paper applications, please see Ms. Corbin in the school counseling office.

MOST IMPORTANTLY, please be mindful of the deadlines as each scholarship may have a separate deadline! And many are coming soon!

- - - - -

101: Fund Scholarship is live! Deadline is approaching! Seniors should check out 101fund.org for an application! Submit it before April 4th!

PHS Health and Wellness Green Team News

Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.

Open Space/Sustainability Events Around Town:

Mercer County Parks: Meadow Management Walk

Saturday, March 12, 2:00-4:00 p.m.

Reed Bryant Farm at Mercer Meadows, Free

Managing a meadow habitat is no easy feat, but the species that live there appreciate our hard work. Join a Mercer County Parks naturalist for this guided walk to learn about some common practices that keep the meadow healthy including prescribed burning, mowing, and seeding. For more information and to register, visit [Mercer County Park's website](#).

Princeton Public Schools and Sustainable Princeton: Sustainability in Our Schools World Cafe: Wednesday, March 16, 7:00-8:30 p.m.

Whether you are a teacher, student, parent, or community member, you are cordially invited to participate in an interactive World Café. During this event, we will break into small groups to consider each of our concerns and ideas regarding sustainability within the Princeton Public Schools. A World Café is an innovative methodology that enhances the capacity for collaborative thinking about critical issues by linking small group and large group conversations. In the process, knowledge grows, a sense of the whole becomes real and new possibilities become visible. At the conclusion of the three 20-minute rounds of facilitated conversations within small groups, we will gather as a whole group for the harvesting of insight. This is where the invisible connections become visible.

To ensure this is a safe and welcoming space for all, participants will be asked to use an identifiable name on their zoom login. Please sign-up to join us! Register for this event [here](#).

The Watershed Institute: World Water Day

Saturday, March 19, 10-Noon or 12:30-2:30 p.m., 31 Titus Mill Rd., Pennington

Join us for this free event to celebrate World Water Day 2022! Whether you are comfortable indoors or prefer outdoor activities, we have activities for everyone to enjoy. For more information and to register, visit [the Watershed's website](#).

Mercer County Park: Eyes on Eagles

Saturday, March 26, Marina Parking Lot, Mercer County Park, Free
(4) 30 min. timeslots starting at 1:30 p.m.

Join the Mercer County Park program leaders lakeside to appreciate the resident Bald Eagles! During these 30-minute sessions, the program leaders will interpret Bald Eagle ecology and behavior, provide participants with an up-close look at the park's nesting pair and answer any questions. Each 30-minute session will be limited to 20 participants. To register, visit [Mercer County Park's website](#).

Sustainable Princeton Sustainable Minds series: Stormwater

March 30/April 6, 7:00-8:00 p.m., Free, Zoom

The Sustainable Minds series will break down important sustainability topics into paired sessions, exploring complex issues one hour at a time. During the first session, a local thought leader will provide insights and expert insights on a regional climate concern. A week later, an action leader will host the second event to provide practical examples of how residents can help address these complex issues. The first pair of events will focus on stormwater.

- On March 30, James Purcell, Land Use Engineer, Princeton's Engineering Department, will discuss stormwater issues impacting our region and describe the efforts underway to make us more resilient.
- On April 6, Marisa Immordino, AmeriCorps NJ Watershed Ambassador for the Millstone Watershed/The Watershed Institute, will turn this topic into action, noting how residents can get involved and describing steps that property owners can take.

[Register for both of these events here.](#)

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