

PRINCETON HIGH SCHOOL TIGER TRIBUNE

May 20 - May 27



Celebrating AAPI Month

Asian Food Tasting!

All students are welcome to join us on the front lawn on Tuesday, May 24th at 2:40pm to celebrate Asian culture and spirit of community. Students will get a sample of fried rice (chicken or vegetarian) prepared by PHS's own Chef Scott. If families wish to contribute items for the potluck, we welcome you to bring ready to eat items to the main office on Tuesday. Unfortunately, we can not accept items that need refrigeration or reheating. Samples will be available while supplies last!

AAPI Princeton 5K Run & Walk

Sunday May 29th 8:30 AM EDT
101 Carnegie Center Dr, Princeton

Did you know that May is Asian American and Pacific Islander Heritage Month? Celebrating Asian American and Pacific Islander (AAPI) Heritage Month is a way to honor the contributions of Asian Americans and Pacific Islanders, learn about AAPI history and cultures, and amplify AAPI voices.

Princeton Running Team is partnering with the Institute of Financial Intelligence (IFI), Where Music Carries Us (WMCU), and the Museum of Chinese In America (MOCA) to host this 5K Run 'n' Walk in Princeton. Many of our students and their families are spearheading this important awareness event. Please come and support!

For more information and Sign up link, please visit: [AAPI 5K Run & Walk Princeton](#)

PHS Prom is Saturday, May 20!

Students attended Prom Meetings this week and last. Important information was shared at these meetings. Please be reminded:

- There is no entry after 7:30pm
- Students who take the bus to the venue must take the bus back to PHS.
- Masks are optional.
- Guests outside of PHS will need to present a photo of their vaccination card or a negative covid test administered within 48 hours of the prom (So Thursday or later)
- Small bags are permitted for critical items - Inhalers, epi pens, period products, etc. Bags are subject to search.
- Breathalyzers will be used. Please abstain from alcohol.
- Prom is paperless. Names will be on a guest list. No paper ticket is required.



PHS Food Aid here!

We would CHMIELLY (really) appreciate it if you would help out a homie and come by for the PHS Food Drive on May 26th from 8:30 am - 2 pm! The food drive is located at the small tent by the Humanities office (corner near Westminster). It is funded by a grant from Princeton Regional Education Association (PREA) and PRIDE/FAST through the NJEA. All proceeds will go to Arm in Arm, and the money will be used to buy groceries from McCaffrey's to be donated. Come help support the community by donating food to those in need! Everyone in the community is welcomed!

Donations go to Arm in Arm

PRINCETON HIGH SCHOOL FOOD DRIVE

@phsfoodaid

Funded by a grant from Princeton Regional Education Association and PRIDE/FAST through the NJEA



Accepting canned goods and fresh produce etc. **No glass/expired goods!**

May 26th 8:30 am-2 pm
Small tents by the English/Humanities office (beside Westminster)

IMPORTANT PARKING INFORMATION

TO ALL STUDENTS WITH DRIVER'S LICENSES

Seniors with PHS Student Parking Permits are to park only in the senior parking lot down Franklin, on Franklin between the Middle School and Westminster, or on Guyot adjacent to the Turf.

Students are being ticketed daily for parking in permit required areas without the proper permits. I am hearing about tickets upwards of \$75-80! Please do not park in restricted areas including the school faculty lots or at the Choir College.

If you do not have a permit, there is limited parking available near PHS far down Walnut passed Guyot. Please make sure you are looking for parking permit signs before you park.

Graduation Save the Date!

Graduation is currently slated for June 20th at 5:30pm on the PHS Front Lawn. A mailing is coming soon from the Main Office that will include your wristbands (4), graduation announcements, and other information you need to know for the big day.



For planning purposes, graduation generally runs about 2 hours. We will begin the procession of the graduates promptly at 5:30pm.

Due to the Monday graduation date, **Senior Sunset** will be held on the evening of Thursday, June 16th. If you aren't sure what senior sunset is, it is the evening (typically the night before the last day of school) where our seniors gather on the lawn to watch the sunset together. Students typically bring their yearbooks, blankets, lawn games and just enjoy time together. More info will be provided closer to the event.

Limited yearbooks left for purchase of the PHS Prince Yearbook!

The 2022 Prince has gone to print. We have a limited number of copies for sale. You can purchase yours at www.yearbookordercenter.com using code 4078.

Yearbooks typically sell out. If you are sure you want one, you should buy it soon! I have received many emails asking if a purchase was made. If you are unsure if you purchased a book yet, [you can check here!](#) Thank you so much for your support!

PHS is pleased to announce summer program offerings in SAT Prep and the College Essay.

- Evolution of a College Essay (\$250):
 - This is a five-day workshop available to incoming juniors and seniors only where students will complete all steps in creating a college essay from prewriting through production of a final draft.
- SAT Review Program for Math or Verbal (\$250 per course):
 - Verbal: This 7-day workshop reviews grammar, vocabulary, sentence completions, critical reading, and essay writing.
 - Math: This 5-day workshop reviews basic concepts of math from Algebra through Algebra II.

Tips for Registration for Summer Workshops:

- Students can choose more than one program. Please be vigilant of dates and times selected since program duration times vary.
- Students should choose a date and time for each program. Schedules will be created once enrollment is completed. A minimum number of students is necessary for the courses to be held.
- Student-athletes should choose programs before pre-season begins.
- We will make every effort to accommodate the choices selected. Room locations will be posted outside of the counseling office the first day of class.

Interested students may pick up an application in the counseling office. Due June 10.

National Jazz Festival

Virtual Festival on Saturday, May 21, 2022



Studio Band, Jazz Ensemble, Studio Vocals, the Jazz Combo, and multiple PHS soloists will compete against schools from across the nation in the third annual National

Jazz Festival. This year, the event will be held virtually, and the public is invited to attend online. Details are posted on the NJF website:
<https://www.nationaljazzfestival.org>.

“Navigating the College Search for Students Who Learn Differently”

Please join Mrs. Shah and special guest on Wednesday evening, May 26, 2022 at 7pm for a presentation with Landmark College titled “Navigating the College Search for Students Who Learn Differently”

This presentation will be recorded and posted to the [College Counselor’s Corner](#).

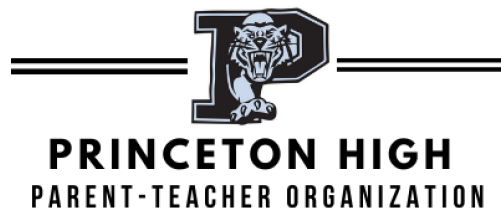
You are invited to a Zoom webinar.

When: May 26, 2022 07:00 PM Eastern Time (US and Canada)

Topic: “Navigating the College Search for Students Who Learn Differently”

<https://princetonk12.zoom.us/j/86795363686?pwd=dnZxQWw0eDBRQlRRSHhRNDUySkovQT09>

Passcode: 772633



2022-2023 Princeton High School PTO Executive Board - PROPOSED SLATE

The following representatives have been approved by the PTO Board as the incoming slate for the 2022-23 school year:

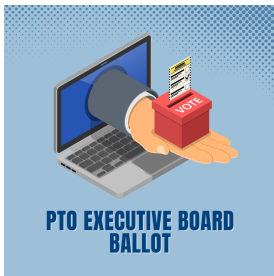
Sasha Weinstein: Co-President (Final year of Final term)

Sue Evans: Co-President (New term)

Michelle Fitzgerald: Secretary (Renewal of term)

Adviti Muni: Treasurer (Final year of Final term)

Jessica Vieira: Treasurer (New term)



The PTO General Membership has the opportunity to vote and approve on this slate of officers. PTO votes are traditionally taken in-person at our monthly meetings. With the recent rise in Covid cases and the possibility that some may not be comfortable attending our June meeting, we have set up an electronic ballot for our community.

Please visit our site at www.princetonhspto.weebly.com to cast your vote.

If there are any questions, please email princetonhspto@gmail.com

June PTO Meeting

Join us for another informative meeting and our last for the 2021-2022 school year. Our guest speaker will be Kirsten Sharett, local educational/college consultant and PHS alum, who will share her insights into this year's college admissions and will give advice for each grade level.

Principal Chmiel will give his monthly update.

- The meeting may pivot to Zoom based on school recommendations

June 1, 2022
8:35 AM

Princeton High School Performing Arts Center (PAC)

PrincetonHSPTO@gmail.com
www.princetonhspto.weebly.com

PRINCETON HIGH
PARENT-TEACHER ORGANIZATION

OUR GUEST SPEAKER

KIRSTEN SHARETT
*Educational Consultant
Founder, Crafting Your Story*

ADMISSIONS OFFICE

PHS Health and Wellness Green Team News

Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.

This Week's Sustainability Tip: Green Lawn Care, Part Two

For some homeowners, weeds in a lawn don't matter, but for others, weeds are not acceptable. Fortunately, it's easy to have a weed-free lawn using more organic and non-pesticide-based lawn care. Here's why it's important:

- **Pesticides are hazardous to our health.** According to the Environmental Protection Agency (EPA), adverse effects of exposure range from mild symptoms of dizziness and nausea to serious, long-term neurological, developmental, and reproductive disorders. Glyphosate, better known as Roundup, has been proven to damage genes and cause birth defects. It's the most widely used herbicide in the United States; we use almost 200 million pounds a year.
- **Pesticides cause special problems** for children who often spend much more time on pesticide-treated lawns than adults. Dr. Lynn Goldman wrote while she was an assistant administrator at the EPA, "As a pediatrician, I know that children can be more vulnerable to environmental contaminants."
- **Pesticides are dangerous to pets.** Poisoning of pets is common. For example, in 1990 the American Association of Poison Control Centers received over 11,000 calls regarding pesticide-poisoned pets.
- **Pesticides contaminate our water.** According to studies, much of our nation's urban streams are contaminated with pesticides from run-off. When pesticides contaminate water, they can be particularly toxic to fish and other marine life.
- The increased use of neonic pesticides has been proven to be toxic to bees and butterflies.

If weeds are an issue for you, consider these healthier alternatives for their control:

- **Control Lawn Weeds with Corn Gluten.** A nontoxic by-product of corn processing, corn gluten kills weed seedlings within days of application. It also adds nitrogen to your soil. Just one application, before weeds emerge, reduced weed survival by 60%, according to research at Iowa State University. After several years, this method provides as much as 90% weed control.
- **Spot-Treat Weeds with Vinegar.** Where only a few scattered broadleaf weeds such as dandelions or plantain are present, consider spot-treating individual weeds with household vinegar. Mix 5 parts white vinegar, 2 parts water, 1 part dish soap,

and apply with a hand pump sprayer. (Vinegar can burn grass and garden plants, so be sure to spot treat weeds only.)

- **Switch to an Organic Fertilizer.** This is one of the easiest things you can do, especially if you're not using a lawn service. There are numerous organic options, including pellets or powders that can be applied with a spreader in the same way that most commercial fertilizers are usually spread.
- **If you use a landscaper/lawn service,** make sure to inform them that you do not want them to use pesticides on your lawn, or switch to a natural lawn care provider.
- **Opt for eco-friendly/chemical-free alternatives.** There are many commercial formulations available today that are free of harsh chemicals. They are composed of a variety of ingredients, which can include salts, oils, and natural acids.
- Incorporate grass-free beds of flowering plants that can be mulched to keep weeds out. Planting trees and covering the surrounding grounds with hardy plants and mulch is also useful.

Switching to greener lawn care is beneficial to everyone's health and takes no more effort than using traditional pesticides. Your lawn and the planet will thank you for it.

Open Space/Sustainability Events Around Town:

Wellness Session - Nature Walk in Cranbury Brook Preserve

Sunday, May 22, 2-3:00 p.m., Free

Cranbury Brook Preserve

Join naturalist Kathy Easton to learn about the plants and wildlife and explore the trails of Cranbury's largest preserve. Wear comfortable shoes and long pants to avoid tick exposure. Please meet at 2:00 p.m. in the West Property Soccer Fields parking lot adjacent to the soccer fields, accessed via a gravel driveway located between 1 and 5 North Main Street (just north of Cranbury Brook). Please contact Laura Zurfluh at lzurfluh@cranbury-nj.com with any questions.

Friends of Princeton Open Space: Call for Land Stewards

Saturday, May 28, 9:00 a.m.-Noon/1-4:00 p.m.

Mountain Lake House Parking lot, 57 Mountain Ave, Princeton

Volunteers will work under the guidance of FOPOS' stewardship staff to identify and remove target invasive species from the northern bank of Mountain Lake using pruners, loppers, and hand saws. We will also plant natives and install protective deer-exclusion caging. Invasive shrubs, such as Japanese honeysuckle (*Lonicera maackii*) and burning bush (*Euonymus alatus*), will be replaced with native species including viburnums, dogwoods, and oaks. For more information and to register, visit <https://www.fopos.org/getinvolved>

Friends of Princeton Nursery Lands: National Trails Day: Saturday, June 4, 2022, 3:00 p.m. (Rain Date: Sunday, June 5 at 3:00 p.m.)

Mapleton Preserve

A new trail has been added to the Mapleton Preserve. Save the date to Join Friends of Princeton Nursery Lands for its grand unveiling! For more information, visit <https://fpnl.org>

IN THE COMMUNITY

Free Rapid Tests - Order Online

All residential households are now eligible for an additional order of free at-home COVID-19 test kits through the United State Postal Service (USPS).

Please note the following:

- Each order now includes eight (8) rapid antigen COVID-19 tests
- Your order of eight (8) tests will come in two (2) separate packages, with four (4) tests per package. Each package will have its own tracking number.
- Packages will ship free through USPS.

Order your tests here: <https://special.usps.com/testkits>

[Please follow along with PHS Athletics news, scores and more online!](#)

The Tiger Tribune is a “Friday” communication for PHS Families.

Princeton High School

151 Moore Street, Princeton, NJ 08540

For submissions: Email tigertribune20@princetonk12.org



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