

# PRINCETON HIGH SCHOOL TIGER TRIBUNE

.....

**September 10-17**

.....

Princeton High School  
**TOP STORIES**



## Thank you for attending the Welcome Back night!

We welcomed about 600 students at our Welcome Tigers Event from 4-10pm on Friday Night. Students participated in a bunch of activities such as a photo booth, caricature artist, basketball, laser tag, and even a mechanical bull! We hope to bring more fun events like this for our students throughout the school year. If you have a fun event that you would like to see PHS host, please send your ideas to Mrs. Lygas.

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### NEW AND IMPROVED PHS TIGER CLASS CANVAS PAGE



All students have been invited to join the PHS All Students Canvas Page. We use this page as our main communication with students throughout the year to post news, events, and important information. Please make sure students accept the canvas invitation to join the class. This class is for ALL PHS Students. Once in the class, students are broken into their sections for their graduation years so we can send grade specific information to them easily. Students access Canvas through ppslink. If you were not invited to the All Students Class or can't find your invite, please see Mrs. Lygas in the Counseling suite and we will get you set up!

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### PHS CLASS MEETINGS!

Class Meetings will be held on Tuesday, September 14, blocks 2-5. Class Meetings are a brief gathering held for each class at PHS. All students will report to their assigned class periods throughout the day for attendance. When called, designated classes will be escorted to the PAC. Students should NOT report directly to the PAC unless they have a free period. Students will participate in an overview of the school year, expectations, safety, and hear from their class presidents! **Go Tigers!**



## 9th Grade Orientation Recap

You can find a highlight video from 9th Grade orientation posted [here](#) if your child missed our August date or is looking for a refresher. This is the first time we tried capturing the day. Big thanks to our student volunteers who showed off their camera skills :)

## Meet the Admin Parent Night Replay

If you missed Meet the Principal Night, you can catch it [here](#). This event replaced the New Parent Orientation originally planned for the 14th since the program was so similar. If you have any questions for PHS Administration, please reach out!



## Picture Day is Friday, September 17th!

All students will sit for their school picture on the 17th. These pictures will be used to create the PHS 2021-22 school id cards. If you miss picture day, the make-up date is October 20!

Please pre-purchase your child's school pictures at [www.mylifetouch.com](http://www.mylifetouch.com) and use school code EVTG2CRW2.

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## Senior Cap and Gown Portraits are here!!! Round TWO - October 11-15



PHS Seniors have their second chance to sign up for their senior cap and gown portraits now. Appointments are available from after school hours. If your senior is unable to make these dates, Lifetouch will be back again in November - ONE LAST TIME. An additional October date was added! [Sign up here!](#) Using code 60405.

**IMPORTANT!! - Cap and Gown photos are for the yearbook and for personal purchase. Seniors must sit for a school picture on Sept 17th during school to receive an ID card for the 2021-22 school year!**

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**Crisis Go is a go!** We have a new mechanism for Covid screening forms. Instructions for the program are posted in the Class Canvas Pages. Please check that out and have your screening form complete to expedite your entry into the school building.

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## **PHS SCHOOL COUNSELOR ASSIGNMENTS BY ALPHABET**

**Tom Filippone - [thomasfillipone@princetonk12.org](mailto:thomasfillipone@princetonk12.org)**

1. A-Che
2. A-Car
3. A-C
4. A-Bri

**Courtney Baines - [courtneybaines@princetonk12.org](mailto:courtneybaines@princetonk12.org)**

1. Chf-Gt
2. Cas - Gik
3. D-Go
4. Brj-Elc

**Adam Rothschild - [adamrothshild@princetonk12.org](mailto:adamrothshild@princetonk12.org)**

1. Moj - Ph
2. M - Qz
3. N - Pj
4. Mor - Q

**Paul Song - [paulsong@priincetonk12.org](mailto:paulsong@priincetonk12.org)**

1. Gu - Kim
2. Gil - Ken
3. Gp - K
4. Eld - Ke

**Reyhan Garcia - [reyhangarrcia@princetonk12.org](mailto:reyhangarrcia@princetonk12.org)**

1. Po - S
2. R - Teo
3. Pk - Tha
4. R - S

Rebecca McEvoy - [rebeccamcevoy@princetonk12.org](mailto:rebeccamcevoy@princetonk12.org)

1. Kin - Moi
2. Keo - Lz
3. L - M
4. Kf - Moad

Meghan Brennan - [meghanbrennan@princetonk12.org](mailto:meghanbrennan@princetonk12.org)

1. T - Z
2. Tep - Z
3. Thb - Z
4. T - Z

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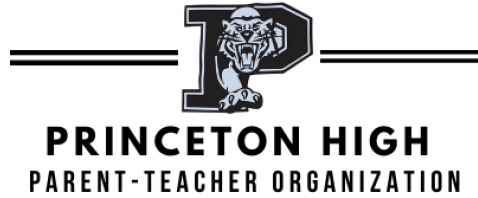
## Meet Dr. Kelley Tuesday, September 21 from 6-7 PM



Meet Our  
*Superintendent*  
Welcome our new  
superintendent, Dr. Carol Kelley, as we  
kick off the 2021-2022 school year.

Valley Road  
Administrative Offices  
25 Valley Road | Princeton, NJ  
*Outdoor Venue*

**Princeton  
Public Schools**  
  
Live to Learn, Learn to Live



The Princeton High School Parent-Teacher Organization (PTO) is set up as a bridge between home and school life. We hope that our partnership will pool a wealth of knowledge, talents, and skills to support the education of our children.

Check the PHS PTO website for meeting dates, updates, and information <http://princetonhspto.weebly.com> or click the PTO link under the Parents tab on the PHS homepage.

**SAVE THE DATE: PTO MEETING: Wed., September 22nd @7:00 PM (Zoom) Topic: Supporting your teen this school year**

The PHS Parent Teacher Organization (PTO) depends **solely** on your donations! The PTO provides a range of spirit/community-building activities, events for our students/staff, and provides crucial support for defined needs throughout PHS. Please consider donating \$40.00 per student (or more). The PTO estimates that a \$100 donation per family covers all requested support for students and faculty. Donations can be made by visiting our website. Any amount is welcome and every dollar makes a tremendous impact.



**Recently moved to Princeton and/or Transfer to PHS?**

PHS New Families Initiative is here to help. Look for the "New to PHS" tab on the PTO website.

<http://princetonhspto.weebly.com/new-to-phs.html>

**Want to get involved? We need parent ambassadors to help our new families. Sign up today.**

<http://princetonhspto.weebly.com/new-ambassador.html>

Facebook group for new families.  
<https://www.facebook.com/groups/PHSnewfamiliesandfriends>

For students: Join the **PHS Transfer Students and Friends club**.  
Student Club Website  
They don't have to be a transfer student to join and meet other students.



Learn more about the **Princeton Special Education Parent Advisory Group (SEPAG)** and its mission, goals, and initiatives focused on Community, Communication, and Collaboration.

SEPAG Website  
Princeton SEPAG Newsletter - August 2021

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## PHS Health and Wellness Green Team News

*Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.*

Welcome to a new school year! Please share these easy and green back to school tips with your family, and help us make PHS and our community more sustainable.

Reuse backpacks and as many of previous years' school supplies as you can.

If you need to buy new supplies, purchase recycled notebook paper and other items made with recycled content, such as recycled pencils and markers, refillable or recycled pens, and 100% recycled, chlorine-free notebooks and printer paper.

If you decide to buy new binders, try to find brands that are PVC and lead-free. The chemical additives in PVC have been linked to chronic health problems including asthma, learning disabilities, and diabetes. Check out the information about toxic-free school supplies from Center for Health, Environment & Justice:

<http://www.chej.org/publications/PVCGuide/PVCfree.pdf>

Pack lunches in reusable containers that can be brought home to wash. If you compost at home, have your student bring home leftover food. **Right now, only the PHS kitchen staff is able to compost.**

Encourage the use of reusable water bottles instead of buying single use water bottles from school or using cups.

If your student drinks coffee/tea, provide them with a travel mug they can bring to school or their favorite coffee shop.

Encourage walking/biking to school.

Don't forget to recycle properly at school

RECYCLING BINS (blue/yellow/labeled):

- o Empty/clean labeled #1 & 2 plastics without tops (**plastic cups go in the trash**)
  - o Empty/clean glass jars/bottles without tops
  - o Empty/clean metal cans
  - o Milk cartons
- o Clean paper/cardboard (copy paper, notebook paper, newspaper; **paper plates, napkins, and paper cups go in the trash**).

When in doubt, throw the item out.

Use both sides of printer and notebook paper before recycling them.  
Reuse scrap paper for printing at home; print longer assignments double-sided.

When working on computers at home, remind your student to take a few minutes to **look away** from their computer every hour.

Remind your student to turn off **lights** and gadgets when they're done with schoolwork to cut back on wasted energy.

Make time every day to get outside. See below for Labor Day hike ideas.

### **Focus on PHS Sustainability**

For more information on Princeton town recycling:

<https://www.princetonnj.gov/resources/recycling-in-princeton>

For more information on greener school supplies:

<https://earth911.com/living-well-being/eco-friendly-back-to-school/>

Sustainable Princeton: <https://www.sustainableprinceton.org>

Visit the PTO website for more sustainability tips and information:

<http://princetonhspto.weebly.com/wellness--sustainability.html>

### **Sustainability/Nature Events Around Town:**

Looking to take a hike over Labor Day weekend?

Visit <https://njtrails.org> and [Cranbury Hiking Trails](#) for local ideas.

Want to try Geocaching?

Visit Cranbury Geocaching and <http://centraljerseygeocaching.net/c/> for information.

### **Upcoming Events:**

Cranbury Day: September 11, 9: 00 a.m.-4:00 p.m.

Visit <https://www.helenecody.com> to register for the Helene Cody 5K/1 mile fun run.

Friends of Princeton Open Space: Fall Planting Days, September 11/18

Help FOPOS get to the finish line with the Forest Restoration Project in the Billy Johnson Mountain Lakes Nature Preserve! Thanks to an army of volunteers led by FOPOS Natural Resources and Stewardship Director, Anna Corichi, nearly 8,000 herbaceous plugs have been planted. Help plant the last 1,000! Registration will be required to attend. Visit <https://www.fopos.org> for more information.

Mercer County Parks: Just A Hike

Sunday, September 12 - Mercer Meadows @ Hunt House, 1-3:30 p.m.

The name says it all; this program is Just a Hike. A Mercer County Parks naturalist will lead you along the trails, point out species of interest, and be there to answer your questions. To register, visit: <https://register.communitypass.net/merc>



# PRINCETON HIGH SCHOOL TIGER TRIBUNE

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September 17-24

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Princeton High School  
TOP STORIES

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## Start Strong Testing Begins September 21

Princeton High School will be participating in state mandated Start Strong testing on September 21, 29, and 30. Testing will start at 8:20 each morning. Please arrive on time if you are scheduled for testing. If you are not scheduled for testing, you will have a delayed opening and can arrive at 9:40am. Students taking the bus will arrive regular time and will have a free period in the Cafeteria or in the lawn tents until class resumes at 9:40am. All 9<sup>th</sup> and 10<sup>th</sup> grade students will be tested in English/Language Arts on the 21<sup>st</sup>. Students taking Algebra I, Algebra II and Geometry will test on the 29<sup>th</sup>. All 9<sup>th</sup> and 12<sup>th</sup> grade students taking science will test on the 30<sup>th</sup>. More details on the entirety of testing will be provided in an email sent to students and families.

## Start Strong Testing Modified E/F Day Schedule

(No Tiger Time. Testing will start in each homeroom at 8:20am. Extended time students shall report to Tiger Gym/PAC. Each block will be 70 minutes long.)

	<b>E Day</b> 9.21 ELA (9 <sup>th</sup> & 10 <sup>th</sup> ) 9.29 Math (Alg 1, 2 & Geo)	<b>F Day</b> 9.30 Science: (9 <sup>th</sup> & 12 <sup>th</sup> )
8:20 am – 9:20 am		
Students with Extended Time Report to Tiger Gym & Cafeteria.	Start Strong Testing	Start Strong Testing
9:55 am – 11:05 am	Period 3	Period 4
11:09 am – 12:19 pm	Period 1	Period 2
12:19 pm – 12:53 pm	Break	
12:57 pm – 2:07 pm	Period 7	Period 8
2:11 pm – 3:21 pm	Period 5	Period 6

## FALL PLAY AUDITIONS on September 23!



PHS Theatre is excited to announce auditions for the Fall Play, *Bethel Park Falls*. Auditions will be held on Thursday, September 23 at 3:30 PM. Auditions are open to **all** PHS students. Please open and review the [Audition packet](#), and please see Ms. Krawiecki in the Black Box Theatre if you have any questions. We hope to see you there!

Here's the link:

[https://docs.google.com/document/d/195qpe17NxeLHyzcRPoC\\_CUvEoBpgU49PJn39ekAjiYU/edit?usp=sharing](https://docs.google.com/document/d/195qpe17NxeLHyzcRPoC_CUvEoBpgU49PJn39ekAjiYU/edit?usp=sharing)

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## Purchase School Pictures! Make-Up Picture Day is October 20th!

If your student missed today's picture day, the make-up/ retake date is October 20. There is still time to purchase a photo package from today. **If you would like to purchase today's photo online, you may do so only until midnight on Sunday, September 19th at [www.mylifetouch.com](http://www.mylifetouch.com) and use school code EVTG2CRW2.**

After Sunday, you can purchase the pictures after you receive their photo proof in October. If you know you need photos for November/December, I suggest you purchase them now. Thank you!

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## Senior Cap and Gown Portraits are here!!! Round TWO - October 11-15



PHS Seniors have their second chance to sign up for their senior cap and gown portraits now. Appointments are available from after school hours. If your senior is unable to make these dates, Lifetouch will be back again in November - ONE LAST TIME. All dates have been added!! [Sign up here!](#) Using code 60405.

**IMPORTANT!! - Cap and Gown photos are for the yearbook and for personal purchase. Seniors must sit for a school picture on Sept 17th or the makeup on October 20th during school to receive an ID card for the 2021-22 school year!**



**No Phone? No problem!** Students can access your daily covid screening form through PPS Link. Look for the black and white exclamation point to log in.

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## **PHS COUNSELING CORNER**

### **PHS Course Add Drop Dates**

Changing courses after the academic year has started can often be very disruptive to a student's schedule. Students and families have the opportunity to change courses during the course verification period in June. Changes once school starts will be limited to placement changes and core course issues. Students, parents, teachers and Supervisors must all be in agreement before any and all changes are made. For your reference, here are our add/drop dates. This will be very new to ninth graders, in particular. If students are interested in adding or dropping a course, please review the dates as per our program of studies below. Thank you!

Adding classes after school starts:

- \* Last day to add a first semester class: September 20th, 2021
- \* Last day to add a second semester class: February 11th, 2022
- \* Last day to add a full-year class: September 20th, 2021

Dropping classes:

- \* Last day to drop a first semester class: September 20th, 2021
- \* Last day to drop a second semester class: February 11th, 2022
- \* Last day to drop a full-year class: October 15th, 2021

*Messages from Career and College Counselor, Mrs. Shah:*

**Canvas Invitation:**

***Please accept my invitation on Canvas. I send lots of college related information through Canvas, so it's the best way to keep on top of what's happening in the college world!***

**Parent Account on Naviance:**

***Parents, if you'd like to be added to Naviance, please click on this link for instructions:  
<https://www.princetonk12.org/princeton-high-school/academics/school-counseling/access-naviance>***

***Once the student adds your parent information to Naviance, please email Mrs. DeDomenico so she can send you a registration link.***

**Senior Appointments**

***Seniors, if you'd like to set up an appointment with me, please reach out to Mrs. Conway: [margaretconway@princetonk12.org](mailto:margaretconway@princetonk12.org)***

***Have a great school year!***

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**Tom Filippone - [thomasfillipone@princetonk12.org](mailto:thomasfillipone@princetonk12.org)**

**9 - A-Che**

**10 - A-Car**

**11- A-C**

**12 - A-Bri**

**Courtney Baines - [courtneybaines@princetonk12.org](mailto:courtneybaines@princetonk12.org)**

**9 - Chf-Gt**

**10 - Cas - Gik**

**11 - D-Go**

**12 - Brj-Elc**

**Adam Rothschild - [adamrothshild@princetonk12.org](mailto:adamrothshild@princetonk12.org)**

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**10 - M - Qz**

11 - N - Pj

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Paul Song - paulsong@priincetonk12.org

9 - Gu - Kim

10 - Gil - Ken

11 - Gp - K

12 - Eld - Ke

Reyhan Garcia - rehangarrcia@princetonk12.org

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10 - R - Teo

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12 - R - S

Rebecca McEvoy - rebeccamcevoy@princetonk12.org

9 - Kin - Moi

10 - Keo - Lz

11 - L - M

12 - Kf - Moad

Meghan Brennan - meghanbrennan@princetonk12.org

9 - T - Z

10 - Tep - Z

11 - Thb - Z

12 - T - Z

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**Meet Dr. Kelley**  
**Tuesday, September 21 from 6-7 PM**

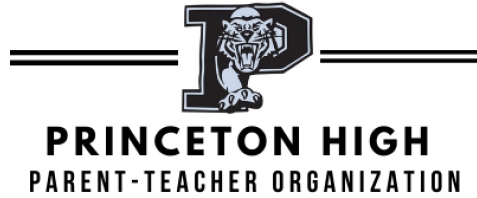


Meet Our  
*Superintendent*

*Welcome our new  
superintendent, Dr. Carol Kelley, as we  
kick off the 2021-2022 school year.*

Valley Road  
Administrative Offices  
25 Valley Road | Princeton, NJ  
*Outdoor Venue*





The PHS Parent Teacher Organization (PTO) depends solely on your donations! The PTO provides a range of spirit/community-building activities, events for our students/staff, and provides crucial support for defined needs throughout PHS. Please consider donating \$40.00 per student (or more). The PTO estimates that a \$100 donation per family covers all requested support for students and faculty. [Donations can be made by visiting our website.](#)

Any amount is welcome and every dollar makes a tremendous impact.

Visit our site for more information: [www.princetonhspto.weebly.com](http://www.princetonhspto.weebly.com)

### **PHS PTO September Meeting: Wednesday, September 22, 2021 @ 7:00 PM (Zoom)**

Join us for PHS's next PTO meeting on Wednesday, September 22nd at 7:00 PM. Our guest speaker will be Lisa DiSciullo, certified parent coach/trainer, who will be sharing her advice and insights on Supporting Your Teen in the New School Year.

Principal Chmiel will share his monthly update. All are welcome to attend.

#### **WEBINAR LINK:**

<https://princetonk12.zoom.us/j/81978059047>



Every new school year has its challenges, and this year is especially difficult. Teens are already navigating the intense changes of adolescence and are now transitioning from remote or hybrid learning to in-person with many uncertainties. What do you need to do to support your teen so that the school year is productive, enriching, and a growing process?

In this interactive workshop you will:

- Explore the current concerns of teens and parents
- Hear clinical and educational research-based advice for parents/caregivers to support their teenagers successfully
- Understand what the most effective parenting role and approach during this time is
- Learn specifically what you can do to give your teen support to grow

#### **PHS PTO September Meeting Guest Speaker:**

**Wed., Sep 22<sup>nd</sup>; 7:00 pm  
via Zoom**



Lisa DiSciullo, CPCC, is a Parent Coach, Certified Parent Trainer by the Parent Encouragement Program, a Certified Life Coach, and Positive Discipline Parent Educator. Her company, Parenting Matters NJ, provides classes, workshops, and private coaching that result in parents having increased confidence, children becoming more competent, and stronger families.

908-516-0831



CERTIFIED TRAINER™

[lisa@parentingmattersnj.com](mailto:lisa@parentingmattersnj.com)  
[www.parentingmattersnj.com](http://www.parentingmattersnj.com)



**PHS PTO  
New Families  
Initiative**

**Have you recently moved to Princeton and/or Transfer to PHS?** PHS New Families Initiative is here to help. Look for the "New to PHS" tab on the PTO website.  
<http://princetonhspto.weebly.com/new-to-phs.html>

**PHS NEW  
PARENT/FAMILY  
GATHERING**

**- TOGETHER WITH THE  
STUDENT TRANSFER CLUB**

**SEPTEMBER 21st  
7 pm to 8:30 pm  
on Zoom**

[https://us02web.zoom.us/j/4056088972?  
pwd=d0t2S3BCYlJwczJBUmxaGkzODZGZz09](https://us02web.zoom.us/j/4056088972?pwd=d0t2S3BCYlJwczJBUmxaGkzODZGZz09)

Meeting ID: 405 608 8972  
Passcode: Tiger08540

All our gatherings are informal - come when you can and stay for as long as you like.



**Want to get involved? We need parent ambassadors to help our new families.  
Sign up today.**



<http://princetonhspto.weebly.com/new-ambassador.html>

Facebook group for new families.

<https://www.facebook.com/groups/PHSnewfamiliesandfriends>

For students: Join the **PHS Transfer Students and Friends club.**

Student Club Website

They don't have to be a transfer student to join and meet other students.



Learn more about the **Princeton Special Education Parent Advisory Group (SEPAG)** and its mission, goals, and initiatives focused on Community, Communication, and Collaboration.

[SEPAG Website](#)

[Princeton SEPAG Newsletter - August 2021](#)

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## PHS Health and Wellness Green Team News

*Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.*

### Sustainability/Nature Events Around Town:

#### **D&R Greenway: Fall Native Plant Sale, September 18, 9-11:00 a.m.**

In Person/Open to the Public; One Preservation Place, Princeton (across from Johnson Park Elementary School.) Visitors must wear masks and maintain social distancing. Click on the [Fall 2021 Native Plant Inventory](#) to view a complete list of all of the plants, shrubs, and trees available for sale. For more information, visit <https://drgreenway.org/shop/native-plants/>

### **Friends of Princeton Open Space: Fall Planting Days, September 18**

Help FOPOS get to the finish line with the Forest Restoration Project in the Billy Johnson Mountain Lakes Nature Preserve! Registration will be required to attend. Visit <https://www.fopos.org> for more information.

### **The Jewish Federation of Princeton Mercer Bucks: Sukkah Village 2021**

September 19-30

Join us to tour 11 Sukkahs, a traditional Judaic shelter, on public sites around downtown Princeton designed by architecture and design firms and NJIT competition winners. Special programming throughout the 10-day event will include panel discussions, walking tours, a film screening, and family-friendly arts/crafts. The event will promote the impact of design in addressing key social issues impacting NJ and the nation as a whole, such as

- Homelessness
- Food insecurity
- Sustainability
- Struggles of refugees worldwide

For more information, visit <https://sukkahvillage.com/sukkah-village-princeton>

### **Duke Farms: Geocaching for Beginner:** September 25, 10-10:45 a.m., \$5

Join Duke Farm staff for this 45-minute crash course in geocaching for beginners. Geocaching is an outdoor scavenger hunt that makes use of your phone's GPS technology as you search for hidden caches along established trails.

For more information and to register, visit

<https://www.eventbrite.com/e/geocaching-for-beginners-tickets-169476327257?aff=ebdsoporgprofile>

### **Friends of Princeton Nursery Lands: National Public Lands Day of Service:**

September 25, 2-4:00 p.m., 145 Mapleton Road, Kingston

Our public lands need you! Join FPNL for an afternoon of stewardship, tending the Flemer Arboretum in the Mapleton Preserve. They'll be spiffing it up in anticipation of new labeling and mapping of specimen trees.

Visit <https://fpnl.org> for more information.

## Volunteer to Help Sustainable Princeton Move the Storm Drain Mapping Project Forward!

Sustainable Princeton's Climate Action Plan Emissions Reduction Strategies team is working to finish mapping all of the storm drains in Princeton. This crowdsourcing project is important to help municipal officials properly analyze the stormwater flow and plan for flooding conditions. All you need is comfortable walking shoes and a portable smart advice (or willingness to borrow someone else's). Complete the doodle poll [here](#) and contact Khiara Berkowitz-Sklar for more information.

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**The Tiger Tribune is a weekly communication for PHS Families.**

### **Princeton High School**

151 Moore Street, Princeton, NJ 08540

For submissions: Email [tigertribune20@princetonk12.org](mailto:tigertribune20@princetonk12.org)



[Visit us on Facebook](#)



[Follow us on Instagram @princetonhs](#)

# PRINCETON HIGH SCHOOL TIGER TRIBUNE

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September 24-October 1

Princeton High School  
TOP STORIES

## Start Strong Testing Continues September 29-30

Princeton High School will continue to participate in state mandated Start Strong testing on September 29th and 30th. Testing will start at 8:20am each morning. Please arrive on time if you are scheduled for testing. If you are not scheduled for testing, you will have a delayed opening and can arrive at 9:40am. Students taking the bus will arrive regular time and will have a free period in the Tigerr Gym or in the lawn tents until class resumes at 9:40am. Students taking Algebra I, Algebra II and Geometry will test on the 29th. All 9th and 12th grade students taking science will test on the 30th.

## Start Strong Testing Modified E/F Day Schedule

(No Tiger Time. Testing will start in each homeroom at 8:20am. Extended time students shall report to Tiger Gym/PAC. Each block will be 70 minutes long.)

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9:55 am – 11:05 am	Period 3	Period 4
11:09 am – 12:19 pm	Period 1	Period 2
12:19 pm – 12:53 pm	Break	
12:57 pm – 2:07 pm	Period 7	Period 8
2:11 pm – 3:21 pm	Period 5	Period 6

## PHS Back to School Night is September 30 from 6:30-8:30pm

Parents will attend B2SN night virtually this year. Zoom links will be provided for each teacher and class period prior to the event. The format will be very typical to our traditional in person style, but you may participate in the comfort of your home.

6:30 – 6:42pm	Period 1
6:45 – 6:57pm	Period 2
7:00 – 7:12pm	Period 3
7:15 – 7:27pm	Period 4
7:30 – 7:42pm	Period 5
7:45 – 7:57pm	Period 6
8:00 – 8:12pm	Period 7
8:15 – 8:27pm	Period 8



## PHS CLUB FAIR is on OCTOBER 1!!!



One of our most anticipated days of the year - - The PHS Club Fair is coming soon!!! We have changed the format of the fair so that ALL students can attend! Students will report to their PE/Health/Drivers Education Course and participate in the Club Fair during the school day.

Leader Note: Leaders who submitted their complete club applications on time should have received information already. If you were late or incomplete with your application, you will receive a message by Monday with information about your club status.

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## Save the date for the WEEK OF RESPECT! Introducing True Blue Week!!!

The first full week of October is officially the Week of Respect, but at PHS we call it True Blue Week to promote respect, acceptance and kindness throughout our school community. We hope you will participate in the activities for the week such as PJ Day, Blue and White Day and an **outdoor movie night on October 8th!** More details coming next week!

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## SAVE THE DATE: Make-Up Picture Day is October 20th!

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### Senior Cap and Gown Portraits are here!!! Round TWO - October 11-15



PHS Seniors have their second chance to sign up for their senior cap and gown portraits now. Appointments are available from after school hours. If your senior is unable to make these dates, Lifetouch will be back again in November - ONE LAST TIME. All dates have been added!! [Sign up here!](#) Using code 60405.

**IMPORTANT!! - Cap and Gown photos are for the yearbook and for personal purchase. Seniors must sit for a school picture on Sept 17th or the makeup on October 20th during school to receive an ID card for the 2021-22 school year!**

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**No Phone? No problem!** Students can access your daily covid screening form through PPS Link on your PHS Laptop. Look for the black and white exclamation point to log in.

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## PHS COUNSELING CORNER

### *Messages from Career and College Counselor, Mrs. Shah:*

#### *Free College Planning Event*

*The Cranbury Public Library is hosting a free Zoom webinar called "A Parent's Guide on How to Pay for College " on 9/28 at 7 p.m. This webinar introduces little-known financial strategies parents can use to reduce college costs, improve admissions chances, and increase scholarship opportunities. Register in advance here: <https://bit.ly/Cranbury28>.*

#### *Another Free Event*

*The Mercer County Library System is hosting "Paying for College without Going Broke" on October 4th at 7:00 p.m. [Here](#) is a flyer with details.*

Canvas Invitation:

*I'd like to encourage all students and parents to accept my invitation on Canvas. I send lots of college related information through Canvas, so it's the best way to keep on top of what's happening in the college world!*

Parent Account on Naviance:

*Parents, if you'd like to be added to Naviance, please click on this link for instructions:*

<https://www.princetonk12.org/princeton-high-school/academics/school-counseling/access-naviance>

*Once the student adds your parent information to Naviance, please email Mrs. DeDomenico so she can send you a registration link.*

Senior Appointments

*Seniors, if you'd like to set up an appointment with me, please reach out to Mrs. Conway: [margaretconway@princetonk12.org](mailto:margaretconway@princetonk12.org)*

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## **PHS SCHOOL COUNSELOR ASSIGNMENTS BY ALPHABET**

**Tom Filippone - [thomasfillipone@princetonk12.org](mailto:thomasfillipone@princetonk12.org)**

**9 - A-Che**

**10 - A-Car**

**11- A-C**

**12 - A-Bri**

**Courtney Baines - [courtneybaines@princetonk12.org](mailto:courtneybaines@princetonk12.org)**

**9 - Chf-Gt**

**10 - Cas - Gik**

**11 - D-Go**

**12 - Brj-Elc**

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9 - Moj - Ph

10 - M - Qz

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12 - Mor - Q

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11 - Gp - K

12 - Eld - Ke

Reyhan Garcia - reyhangarrcia@princetonk12.org

9 - Po - S

10 - R - Teo

11 - Pk - Tha

12 - R - S

Rebecca McEvoy - rebeccamcevoy@princetonk12.org

9 - Kin - Moi

10 - Keo - Lz

11 - L - M

12 - Kf - Moad

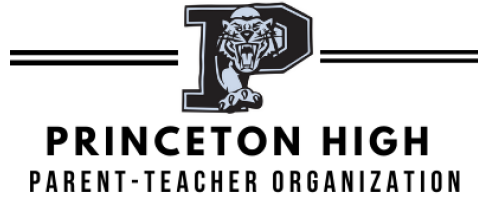
Meghan Brennan - meghanbrennan@princetonk12.org

9 - T - Z

10 - Tep - Z

11 - Thb - Z





The PHS Parent Teacher Organization (PTO) depends solely on your donations! The PTO provides a range of spirit/community-building activities, events for our students/staff, and provides crucial support for defined needs throughout PHS. Please consider donating \$40.00 per student (or more). The PTO estimates that a \$100 donation per family covers all requested support for students and faculty. [Donations can be made by visiting our website.](#)

Any amount is welcome and every dollar makes a tremendous impact.

**Visit our site for more information: [www.princetonhspto.weebly.com](http://www.princetonhspto.weebly.com)**

Did you miss the PTO Meeting last week? Our guest speaker Lisa DiSciullo, certified parent coach/trainer, shared her advice and insights on Supporting Your Teen in the New School Year. You can watch the recording here!

[https://princetonk12.zoom.us/rec/share/hjq1sdVAv2pLSzgsqzNwhpB7iRGW\\_A4A8jsmwxE0cH4WiriHu5MhfNdeA08s72L.xiwE\\_GQXpgKnZ15N](https://princetonk12.zoom.us/rec/share/hjq1sdVAv2pLSzgsqzNwhpB7iRGW_A4A8jsmwxE0cH4WiriHu5MhfNdeA08s72L.xiwE_GQXpgKnZ15N)

Access Passcode: %uC.IHE2



## **Meet & Greet with Principal Chmiel**

Join us for an informative morning at PHS. Hear Principal Chmiel's plan for the future and share your thoughts and ideas on how to strengthen our PHS community.

**Wednesday,  
October 6, 2021  
8:35 AM  
@PHS Front Lawn  
(Center Tent)**



**PHS PTO  
New Families  
Initiative**

**Have you recently moved to Princeton and/or Transfer to PHS?** PHS New Families Initiative is here to help. Look for the "New to PHS" tab on the PTO website.  
<http://princetonhspto.weebly.com/new-to-phs.html>

**Want to get involved? We need parent ambassadors to help our new families.**

**Sign up today.**

<http://princetonhspto.weebly.com/new-ambassador.html>

Facebook group for new families.

<https://www.facebook.com/groups/PHSnewfamiliesandfriends>

For students: Join the **PHS Transfer Students and Friends club.**

Student Club Website

They don't have to be a transfer student to join and meet other students.



# PRINCETON SEPAG GENERAL MEETING

## WHEN

SUNDAY, SEPTEMBER 26TH  
FROM 3:30-4:30 P.M.

## WHERE

ZOOM

The Princeton SEPAG's mission is to provide input to the school district on systemic issues concerning students with IEPs or 504 plans. Parent feedback is crucial to our mission.

Please join us for the SEPAG's first general meeting of the year to let us know how the first few weeks of school went for your family. What worked well and what didn't? We want to hear from you!

<https://us02web.zoom.us/j/3979210547?pwd=SVplcXFyMk5tZlBBT3I6cVRjelBFUT09>  
Meeting ID: 397 921 0547  
Passcode: 684188

The Princeton Special Education Parent Advisory Group (SEPAG) strives to represent all families who reside in the Princeton Public School District and have a child with an IEP or Section 504 plan.



Anyone with an interest in special education can be a SEPAG member, including families whose children are currently in out-of-district placements and PPS staff members.

## Our Mission: To Engage, Educate, and Empower

Our purpose is to provide input to the district on system-level issues to improve the policies, programs, and services for students with disabilities and learning differences.

Family input is crucial to our mission! We have liaisons at each school in the district as well as an out-of-district family liaison and a student liaison to share information and solicit feedback on issues affecting our students.

To connect with your school's liaison, please visit <https://sites.google.com/view/princetonsepag/contact>

## 2021 Fall Events

**SEPAG General Meeting #1**  
**Sunday, 9/26 from 3:30 - 4:30 p.m.**

*How did the first few weeks of school go for your family? What worked, and what didn't?  
We want to hear from you!*

**SEPAG's virtual 2021 Board of Education Candidates Forum**  
**Wednesday, 10/13 from 6:30-7:45 p.m.**

*Hear the four candidates running for three seats on the Princeton Board of Education  
discuss their perspectives on special education issues*

**SEPAG's Special Education Roundtable with Dr. Carol Kelley, Micki Crisafulli and  
the Special Education Supervisors**  
**Thursday, 11/11 from 6:30-8:00 p.m.**

*TENTATIVE - Details to come*

**SEPAG General Meeting #2**  
**Sunday, 12/12 from 3:30-4:30 p.m.**

## Connect With Us!

Email: [princetonsepag@gmail.com](mailto:princetonsepag@gmail.com)

Website: <https://sites.google.com/view/princetonsepag>

Facebook: @PrincetonSEPAG

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# PHS Health and Wellness Green Team News

*Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.*

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## WASTE-FREE LUNCH TIPS

**Did you know: Each year, American school children toss out 4.6 billion pounds of lunch waste?**

- Lunchtime trash is second only to office paper as the leading source of school waste.
- Americans discard about 2.7 million tons of aluminum yearly, the largest source being used beverage and packaging containers.
- Almost 4 million tons of tissues and paper towels wind up in landfills each year.
- Americans produce enough non-biodegradable styrofoam cups annually to circle the earth 436 times.
- 40 billion plastic utensils are used in the US every year. Most are thrown out after one use.
- Toxic levels of lead exist in over 40 different juices and juice boxes.
- Most juice boxes cannot be recycled due to the inseparability of the cardboard, plastic, and aluminum foil used in the product.

**It's easy to pack a waste-free lunch, even for high school students. Here's how:**

- 1. Use a lunch box/pail/bag instead of a paper bag.** Look for a container that is lead and PVC-free for the safest option. If you do use a paper bag, ask your student to bring it home so that you can reuse it again. If you compost at home, ask your student to bring home food scraps. Please note that the PHS composting program is for cafeteria staff only.

Reusable lunch containers that can hold soups/stew/pasta/sandwiches come in all sizes, shapes, colors, and materials (plastic, stainless steel, glass, and fabric) and can be purchased easily and locally at ACE Hardware, Whole Earth, and Whole Foods. Use a reusable bag or container for snacks. Many bags can be tossed in the washing machine or rinsed in the sink, and they're ready to re-use for another lunch.

2. **Consider buying larger bags of snack items**, and placing them in a reusable container for your student's lunch.
3. **Pack beverages in a reusable bottle**, or include a drink in a container that can be recycled at home or school. It is less expensive to purchase a large bottle of juice/water than purchasing individual bottles. Juice pouches are not recyclable, but juice boxes can be recycled at home (NOT at school). Look for the upcoming October 8th HWGT tip on why single use water bottles have such a negative impact on the environment.
4. **Include a cloth napkin and reusable utensils** that can be brought home to be washed.
5. **Avoid single use straws**; consider reusable stainless or silicone ones instead of those made of plastic.

Packing a waste-free lunch doesn't take any additional time, and remember that every small step/change that each of us can make makes a big difference for our planet. Visit the websites below for more tips.

<https://earth911.com/home-garden/waste-free-lunch/>

<https://earth911.com/food/zero-waste-lunch/>

<https://zerowastechef.com/2014/08/17/how-to-pack-a-zero-waste-lunch/>

## Sustainability/Nature Events Around Town:

### The Jewish Federation of Princeton Mercer Bucks: Sukkah Village 2021

September 19-30

Join us to tour 11 Sukkahs, a traditional Judaic shelter, on public sites around downtown Princeton designed by architecture and design firms and NJIT competition winners. Special programming throughout the 10-day event will include panel discussions, walking tours, a film screening, and family-friendly arts/crafts. The event will promote the impact of design in addressing key social issues impacting NJ and the nation as a whole, such as

- Homelessness
- Food insecurity
- Sustainability
- Struggles of refugees worldwide

For more information, visit <https://sukkahvillage.com/sukkah-village-princeton>

**Duke Farms: Geocaching for Beginners:** Saturday, September 25, 10-10:45 a.m., \$5

Join Duke Farm staff for this 45-minute crash course in geocaching for beginners. Geocaching is an outdoor scavenger hunt that makes use of your phone's GPS technology as you search for hidden caches along established trails.

For more information and to register, visit

<https://www.eventbrite.com/e/geocaching-for-beginners-tickets-169476327257?aff=ebdsoporgprofile>

**Friends of Princeton Nursery Lands: National Public Lands Day of Service:**

Saturday, September 25, 2-4:00 p.m., 145 Mapleton Road, Kingston

Our public lands need you! Join FPNL for an afternoon of stewardship, tending the Flemer Arboretum in the Mapleton Preserve. For more information, visit

<https://fpnl.org>

**Mercer County Parks: Pole Farm History Walk**

Sunday, September 26, 1:30-3:00 p.m., \$5

Take a walk with local historian Dennis Waters, as he uncovers the past and paints a picture of a time where a phone call from NJ to Europe required hundred-foot-tall poles and no touch screens at all. For more information and to register, visit

<http://www.mercercountyparks.org/#!/calendar/pole-farm-history-walk-2021/>

**Sustainable Princeton: An Electric Evening at the Princeton Shopping Center:**

Friday, October 1, 4-7:00 p.m., Free

Come out to test drive the latest models of electric vehicles, motorcycles, and bicycles and learn all you need to know about charging and owning an EV. For more information and to register,

visit <https://www.sustainableprinceton.org/event/an-electric-evening/>

**Mercer County Parks: Just a Walk**

Sunday, October 3, 1-3:30 p.m., Mercer County Park, East Picnic Area, Free

For more information and to register, visit

<http://www.mercercountyparks.org/#!/calendar/just-hike-oct3/>

**Volunteer to Help Sustainable Princeton Move the Storm Drain Mapping Project Forward!** Sustainable Princeton's Climate Action Plan Emissions Reduction

Strategies team is working to finish mapping all of the storm drains in Princeton.

This crowdsourcing project is important to help municipal officials properly analyze

the stormwater flow and plan for flooding conditions. All you need is comfortable walking shoes and a portable smart advice (or willingness to borrow someone else's). [Complete the doodle poll here](#) and contact Khiara Berkowitz-Sklar for more information.

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## Events in Our Community

### **Jewish Family & Children's Services Meals on Wheels Fundraiser: October 3rd**

There is an upcoming JFCS Wheels for Meals fundraiser taking place on Oct 3rd - It's a bikeathon but people can walk and run as well. JFCS provides meals for the food insecure in our area through churches, nursing homes, preschools or on the road w/the Mobile Food Pantry. JFCS is hoping to raise over a \$150k to continue to do its great work in our local communities. Here is the link for the event for both the website and social media: <https://app.mobilecause.com/vf/JFCSWHEELS>

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**The Tiger Tribune is a weekly communication for PHS Families.**

### **Princeton High School**

151 Moore Street, Princeton, NJ 08540

For submissions: Email [tigertribune20@princetonk12.org](mailto:tigertribune20@princetonk12.org)



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