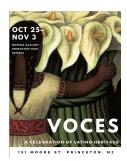
PRINCETON HIGH SCHOOL TIGER TRIBUNE

October 29 - November 12

School is Closed on November 2, 4, and 5.

Princeton High School **TOP STORIES**

Now Viewing!



PHS Hispanic Heritage Month Exhibition 'Voces/Voices' is open in Numina Gallery. All students are welcome to visit the gallery and look at the exhibit featuring paintings, student interviews, historic artifacts, and more. The show will be on display until November 3rd.

BINGO IS BACK!!!

PHS Bingo has roared back to the scene and will take place on November 12th during Tiger Time in the cafeteria. The games will be hosted by students from our PHS Mindful Mentor class. Admission is free! Prizes will be awarded to some lucky bingo winners! Questions? Contact Mrs. Simborski or Mrs. Lygas.





The Corner House Annual Dodgeball

Tournament has a new outdoor location this year at Community Park. Event will be held on November 12. Students can sign up here!

Corner House is a community partner to PHS and supports our students in a variety of ways. Students can check out the programs and leadership opportunities available through Corner House by checking out their website here.

Looking to learn more about Mindfulness Meditation?

A mindful person is reflective rather than reactive. They focus on the present moment. What is mindfulness?

Mindfulness is a process that leads to a mental state characterized by nonjudgmental awareness of the present experiences, such as sensations, thoughts, bodily states, and the environment. It enables us to distance ourselves from our thoughts and feelings without labeling them as good or bad.



How Does Mindfulness Work?

By focusing our attention on the present moment, mindfulness counteracts rumination and worrying. Worrying about the future)and ruminating about the past. Of course, it is important to learn from our past and plan ahead for the future; however, when we spend too much time outside of the present moment, we can get depressed and anxious. In such cases, mindfulness can be an important tool for helping us to better focus on the present moment.

Mindfulness and Anxiety.

Anxiety is our body's way of saying, "Hey, I'm experiencing too much stress all at once." This happens to the best of us. But when that feeling of being "always on alert" becomes background noise that doesn't go away, that's when it's time to seek help. Mindfulness and meditation can help reduce period of anxiety.

Anxiety Meditation Monday, November 1, 2021 Room 140 during Break w/Mrs. Simborski

New PIRL Cohort is beginning in November!



PIRL Course is self paced and will be open from November 15-Feb 1. You must sign up in advance to register for the course. All Club leaders, team captains, and student leaders should register if they have not yet completed PIRL. Link and information is also listed in Canvas Announcements.

Registration opens November 1!

PHS Spectacle Theatre presents the 2021 Fall Play, Bethel Park Falls!

"The residents of the small town of Bethel are facing a crisis: Their beloved park has been sold out from under them and it's sending their lives into a tailspin. In nine interconnected vignettes, sixteen locals grapple with the loss of jobs, homes, and spouses, but find love, courage, and forgiveness as the park magically transforms through four seasons of the year in a single day. From a tired security guard trying get home to her kids, to a young mayor in over his head, to a nostalgic fisherman who can't seem to catch anything, everyone takes a fall... and picks themselves up again. Bethel Park Falls draws a group of complex, fascinating, funny people together into one poignant story about the spaces where communities connect." (Playscripts)



Due to COVID-19 restrictions at PHS, the show will be pre-recorded and streamed. The show will air on Friday, November 19th and Saturday, November 20th at 7:30pm on ShowShare by Broadway On Demand. The show is double cast and each evening's performance features different actors.

Tickets are \$5.00. To purchase tickets and stream the show, please visit: https://www.broadwayondemand.com/channels/details/Bethel-Park-Falls--Princeton-High-School--All-Dates

To support Spectacle Theatre, you can also purchase apparel at: https://princeton-threads.com/categories/phs-spectacle-theatre.html

Introducing the Community Service Padlet



Students, Are you looking for a simple way to locate your community service projects? <u>Check out the new Community and Career Awareness Padlet.</u> You can check out the Comm Service Project Book and more 1-2 day opportunities to join.

Free Weekly COVID Testing for Students: Sign-Up Deadline Extended

PPS would like to thank all the parents and guardians who have filled out paperwork allowing their students to participate in the free weekly COVID-19 testing funded by the State of New Jersey. The opportunity to sign up has been extended. To enroll your student, please complete this <u>consent form and HIPAA waiver</u>. The portal will remain open until all interested parents have had the opportunity to sign up.



Live to Learn, Learn to Live

<u>Information about free COVID-19 testing for PPS students</u>

School Pictures, Senior Portraits, and ID cards -

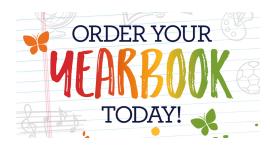


School Pictures are complete! We are waiting for the ID cards to arrive from our September and October picture day. Lifetouch is facing some staffing issues placing delivery behind schedule. Thank you for your patience.

PHS Seniors have their final chance to sign up for their senior cap and gown portraits in November. Appointments are available after school hours. Sign up here! Using code 60405. This will be their last

and final visit to PHS. If for some reason you can not make the photo session in November, you can schedule an individual appointment at the lifetouch photo studio in Bensalem, PA. Please reach out to them at 800.724.1916 to get a studio appointment asap.

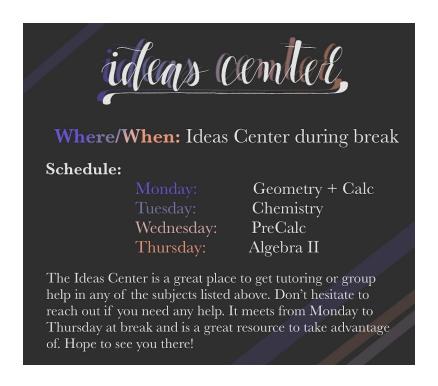
Yearbooks are on sale NOW!!!



The Prince is our nationally recognized award winning yearbook for Princeton High School. Yearbooks are on sale now online at www.yearbookordercenter.com using code 4078. Books are distributed in June but they do sell out and advanced orders are required. Please note Seniors eligible for free or reduced

lunch receive a free yearbook. Please send a note to Dianalygas@princetonk12.org if you would like to take advantage of this offer.

Ideas Center Tutoring Program: The Ideas Center offers peer tutoring for all core academic subjects during the school day and after school. We are now offering study groups during lunch break.



Hours:

Monday - Friday. all school day *in person* Monday, Tuesday, Thursday 4:30pm-5:30pm *via zoom*

Students fill out the following form to request a tutor: https://forms.gle/NVPHLTxg59K9uifM7

Questions? contact AndreaDinan@princetonk12.org

PPS Piano and Instrument Sale



The annual piano and instrument sale is co-sponsored by the Rockley Family Foundation and Princeton Public Schools. The sale will be held November 4-6, 2021, in the PHS Performing Arts Center. Please call (609) 955-8008 to schedule an appointment.

Mercer County Vocational Technical School Information Sessions in person or via Zoom:

In-Person District Information Sessions

Thursday, October 28, 2021, from 6:00 pm to 7:00 pm. Arthur R. Sypek - 129 Bull Run Road, Pennington, NJ 08534

Tuesday, November 09, 2021, from 6:00 pm to 7:00 pm. Assunpink - 1085 Old Trenton Road, Trenton, NJ 08690

Thursday, December 09, 2021, from 6:00 pm to 7:00 pm. Arthur R. Sypek - 129 Bull Run Road, Pennington, NJ 08534

Please be aware that masks and social distancing will be required during these events.



Tuesday, November 30, 2021, from 6:00 pm to 7:00 pm.

Google Meet: bit.ly/mcts-november-2021

(US) +1 316-413-3328 PIN: 392 920 586#

Tuesday, January 04, 2022, from 6:00 pm to 7:00 pm.

Google Meet: bit.ly/mcts-january-2022

(US) +1 267-393-4947 PIN: 219 557 946#



PHS COUNSELING CORNER

AP Testing: THE REGISTRATION PROCESS

Registration is a two-step process.

First: Students will first register for ALL AP exams online for the 2022 administration. Payment will also occur via the on-line service. Please don't forget to make your payment. Students can access this registration tool by logging on to:

www.TotalRegistration.net/AP/311255

Second: Students need to log in to the college board website: myap.collegeboard.org with their college board username and password. Students then need to join their AP course, submit their join code and register to take the AP Exam. Teachers will provide students with their class join codes.

Please note – we are unable to order an AP exam for a student if they do not join through the AP classroom. There are no exceptions allowed by College Board.

AP Testing: THE REGISTRATION TIMELINE

Registration for ALL AP Tests begins on Friday, October 1, 2021 and ends on November 8, 2021. There is NO LATE REGISTRATION for Princeton High School students!

Messages from Career and College Counselor, Mrs. Shah:

College Visits

College Visits at PHS are in full swing for juniors and seniors!

We will be hosting both in-person and virtual visits depending on what the college is comfortable with. The in-person visits will take place in the school counseling office. If the visit is virtual, we are encouraging students to visit the Learning Commons, cafeteria, under a tent (anywhere you can get wi-fi to connect) with their devices, so they can log in virtually for the visit.

Students must register for the college visits on Naviance, by clicking on "College, College Visits, Register Now". Once they register, they should print out the details screen and let their teachers know they will be attending a college visit.

NACAC (National Association for College Admissions Counseling) Virtual College Fairs

The NACAC will hosting several virtual college fairs throughout October and November. Please click on this link to check out the different fairs and to register: https://virtualcollegefairs.org/conventions

Canvas Invitation:

I'd like to encourage all students and parents to accept my invitation on Canvas. I send lots of college related information through Canvas, so it's the best way to keep on top of what's happening in the college world!

Parent Account on Naviance:

Parents, if you'd like to be added to Naviance, please click on this link for instructions:

https://www.princetonk12.org/princeton-high-school/academics/school-counseling/access-naviance

Once the student adds your parent information to Naviance, please email Mrs. DeDomenico so she can send you a registration link.

Senior Appointments

Seniors, if you'd like to set up an appointment with me, please reach out to Mrs. Conway: margaretconway@princetonk12.org



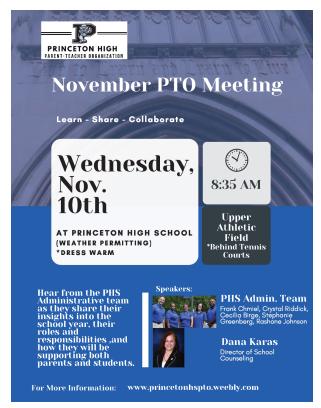
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remain open until all interested parents have had the opportunity to sign up.

<u>Information about free COVID-19 testing for PPS students</u>







Have you recently moved to Princeton and/or Transfer to PHS?

PHS New Families Initiative is here to help. Look for the "New to PHS" tab on the PTO website.

http://princetonhspto.weebly.com/new-to-phs.html

Want to get involved? We need parent ambassadors to help our new families. Sign up today.

http://princetonhspto.weebly.com/new-ambassador.html

Facebook group for new families. https://www.facebook.com/groups/PHSnewfamiliesandfriends

For students: Join the PHS Transfer Students and Friends club.

Student Club Website

They don't have to be a transfer student to join and meet other students.

The Princeton Special Education Parent Advisory Group (SEPAG) strives to represent all families who reside in the Princeton Public School District and have a child with an IEP or Section 504 plan.



Anyone with an interest in special education can be a SEPAG member, including families whose children are currently in out-ofdistrict placements and PPS staff members.

Our Mission: To Engage, Educate, and Empower

Our purpose is to provide input to the district on system-level issues to improve the policies, programs. and services for students with disabilities and learning differences

Family input is crucial to our mission! We have liaisons at each school in the district as well as an outof-district family liaison and a student liaison to share information and solicit feedback on issues affecting our students.

To connect with your school's liaison, please visit https://sites.google.com/view/princetonsepag/contact

2021 Fall Events

SEPAG General Meeting #1 Sunday, 9/26 from 3:30 - 4:30 p.m. How did the first few weeks of school go for your family? What worked, and what didn't? We want to hear from you!

SEPAG's virtual 2021 Board of Education Candidates Forum Wednesday, 10/13 from 6:30-7:45 p.m.

Hear the four candidates running for three seats on the Princeton Board of Education discuss their perspectives on special education issues

SEPAG's Special Education Roundtable with Dr. Carol Kelley, Micki Crisafulli and the Special Education Supervisors
Thursday, 11/11 from 6:30-8:00 p.m. TENTATIVE - Details to come

SEPAG General Meeting #2 Sunday, 12/12 from 3:30-4:30 p.m.

Connect With Us!

Email: princetonsepag@gmail.com Website: https://sites.google.com/view/princetonsepag Facebook: @PrincetonSEPAG

PHS Health and Wellness Green Team News

Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.

Sustainability/Nature Events Around Town:

Friends of Marquand Park: Volunteer Days

Saturdays, October 30, November 6, and 20, 9:00 a.m.-Noon For more information, visit https://www.marquandpark.org/events/weekly/1

Friends of Princeton Open Space: Call for Land Stewards

Saturdays, October 30, November 6 and 20

Volunteers will work under the guidance of FOPOS's Director of Natural Resources and Stewardship to assist with a variety of conservation projects at the Billy Johnson Mountain Lakes Nature Preserve.

For more information and to register, visit https://www.fopos.org/getinvolved

D&R Greenway Land Trust: Masquerade Parade 2021 Sunday, October 31, Noon-5:00 p.m., St. Michaels Farm Preserve, Hopewell: \$25/car

Kids of all ages are invited to experience a family-friendly drive-thru Halloween Parade honoring Nature's small but mighty ambassadors, the pollinators who are essential to life itself! For more information and to register, visit

https://drgreenway.org/events/dr-greenway-land-trust-masquerade-parade-2021/

Duke Farms: The Big Bike Ride

Saturday, November 13, 9:30-11:30 a.m., Duke Farms, Hillsborough

\$10 plus \$7 bike rental fee if necessary

Join the Duke Farm staff for a bike ride to explore the property. The journey begins at Bike Tent, then continues on to complete a 5-mile circuit that will note main points of interest.

There will be a stop at each landmark to discuss the history and ecological significance of the surroundings.

For more information and to register, visit

https://www.eventbrite.com/e/the-big-bike-ride-tickets-185885587797?aff=ebdsoporgprofile

Mercer County Park Commission: Trail Crew

Sunday, November14, 1:30 - 3:30 p.m.

Come help maintain the park's beloved trail systems with some hands-on fun (weather permittina).

For more information and to register, visit

https://www.mercercountyparks.org/#!/calendar/trail-crew-nov14/

Events in Our Community

Call for Trans Youth Leaders in our Community!

The 2022 HiTOPS Trans Youth Forum will be held on March 26th. The HiTOPS Trans Youth Forum https://www.njtyf.org/ is the ONLY conference created BY and FOR trans and nonbinary youth. This Forum will be virtual again this year, and we have made the



commitment to offer FREE registration to all participants. We are very busy preparing for the forum and are in need of selecting our Youth Advisory Board. To be considered for the Board, the applicant must be a young person, ages 11-24 who identify as transgender, nonbinary or otherwise gender expansive. Youth on the board will participate in weekly discussions that will shape what TYF22 will look like, including choosing the theme of the event, keynote speakers, interviewing community leaders and social media take over. Participation will be entirely virtual through the free apps Zoom and Discord. This is a wonderful opportunity for our young people to be part of every aspect of an event, from beginning to end.

We have 13 Board positions available and will offer a stipend to each member at the end of the Forum, plus opportunities for in-person meetups and a field trip to Philly in July! Anyone interested in applying must fill out this form. <u>Youth Advisory Board Application 2022</u>

Additional questions, please reach out to Danella Vecchio Dvecchio@hitops.org>



Princeton Common Ground (a consortium of 16 Princeton-area independent schools) has invited speaker Dr. Sonja Lyubomirsky, author of *The How of Happiness*, and an award-winning expert on the science of happiness, to provide a virtual keynote on Tuesday, November 9, 2021. Sonja is a Professor of Psychology at the University of California,

Riverside. She will present and discuss key findings that have emerged over her 30 years as a leader in the field, including specific strategies and positive activities designed to raise well-being across different age groups. This virtual event will be FREE, live-streamed on PCG's YouTube channel. Tickets are available through this Eventbrite link. Please contact pcgtickets@gmail.com if you have any questions.



Hello PHS Students! Please join us for a lecture on Monday, November 1st from 7-8 p.m. The lecture is entitled "Millions, Billions, Zillions: Why (In)numeracy Matters" presented by Dr. Brain Kernighan, Emeritus Professor of Computer Science, Princeton University. Dr. Kernighan is the co-author of The C Programming Language, and the AWK and AMPL programming languages. Please RSVP ASAP with name and grade to

sciencebythescoop@gmail.com. You will be sent the zoom link starting on October 15th. Please check out our website as well! (sciencebythescoop.org)

The Boys & Girls Clubs of Mercer County has two free online events coming up that they have asked we share with all students:

FAFSA Night for Seniors:

https://www.signupgenius.com/go/10C0F4BAEA72FA4F8C70-fasfa

Virtual Night with Harvard

https://us06web.zoom.us/meeting/register/tZIkcOipqz4jHt2WK4IAFr41-zSJsdHWvUQr

The Tiger Tribune is a weekly communication for PHS Families.

Princeton High School

151 Moore Street, Princeton, NJ 08540 For submissions: Email tigertribune20@princetonk12.org





Visit us on Facebook

Follow us on Instagram @princetonhs

PRINCETON HIGH SCHOOL TIGER TRIBUNE

November 12 - November 19

Princeton High School **TOP STORIES**



PHS Spectacle Theatre presents the 2021 Fall Play, Bethel Park Falls!

"The residents of the small town of Bethel are facing a crisis: Their beloved park has been sold out from under them and it's sending their lives into a tailspin. In nine interconnected vignettes, sixteen locals grapple with the loss of jobs, homes, and spouses, but find love, courage, and forgiveness as the park magically transforms

through four seasons of the year in a single day. From a tired security guard trying get home to her kids, to a young mayor in over his head, to a nostalgic fisherman who can't seem to catch anything, everyone takes a fall... and picks themselves up again. Bethel Park Falls draws a group of complex, fascinating, funny people together into one poignant story about the spaces where communities connect." (Playscripts)

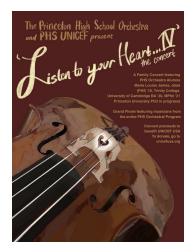
Due to COVID-19 restrictions at PHS, the show will be pre-recorded and streamed. The show will air on Friday, November 19th and Saturday, November 20th at 7:30pm on ShowShare by Broadway On Demand. The show is double cast and each evening's performance features different actors.

Tickets are \$5.00. To purchase tickets and stream the show, please visit: https://www.broadwayondemand.com/channels/details/Bethel-Park-Falls--Princeton-High-School--All-Dates To support Spectacle Theatre, you can also purchase apparel at: https://princeton-threads.com/categories/phs-spectacle-theatre.html

PHS Choir Flower Sale! Orders Due November 15th!



Funds raised from the annual flower sale are used to supplement musical collaborations, guest artists, and domestic and international travel. PHS Choral Department reflects the values of a community that takes pride in its continuing tradition of academic and cultural achievement by enhancing the educational experience of its entire student population.



PHS Orchestra UNICEF Concert: Listen to Your Heart...IV

Please join us for a streamed performance of our fall orchestra concert as we welcome back PHS alum Marie Louise James as oboe soloist. All musicians of the orchestral program will be featured in our two finale pieces. The concert was filmed without an audience on October 29. The performance will premiere on our YouTube channel on Friday, November 12, 2021, at 7:30 PM and will be available for streaming until November 30. If you would like to support UNICEF, donations can be made at this website.

Free Math help! Did you know PHS has its very own free tutoring

center? Yes we do!!! The Ideas Center offers peer tutoring for all core academic subjects during the school day and after school. We are now offering study groups during lunch break. Students fill out the following form to request a tutor: https://forms.gle/NVPHLTxq59K9uifM7 Questions? contact AndreaDinan@princetonk12.org



Ideas Center Hours:

Monday through Friday - all school day *in person*Monday, Tuesday, Thursday - 4:30pm-5:30pm *via zoom*

New PIRL Cohort begins November 15th.



PIRL Course is self paced and will be open from November 15-Feb 1. You must sign up in advance to register for the course. All Club leaders, team captains, and student leaders should register if they have not yet completed PIRL. PIRL is a graduation requirement for the class of 2025 onward.

<u>Link and information is also listed in Canvas</u> Announcements.

Registration opened November 1! Course begins on the 15th.

SPRING MUSICAL AUDITIONS - Pre-Audition Meeting Nov 17

PHS Spectacle Theatre is excited to announce Auditions for the upcoming Spring musical, *Curtains: School Edition!*

"It's the brassy, bright, and promising year of 1959. Boston's Colonial Theatre is host to the opening night performance of a new musical. When the leading lady mysteriously dies on stage, the entire cast & crew are suspects. Enter a local detective, who just happens to be a musical theatre fan! Packed with glorious tunes and a witty, charming script filled with delightful characters, CURTAINS is a hilarious journey for both performers and the audience." (TRW)

Auditions are open to all PHS students! The Auditions are on Tuesday, December 7th and Wednesday, December 8th. Please review the Audition packet for more information:

https://docs.google.com/document/d/1DdzAg0IFw9wxj4bp2 6AzvpAUVg383LHxYz 94 mMaKs/edit?usp=sharing

There will be a pre-audition information meeting during break on Wednesday, November 17th in the Black Box Theatre. This meeting is not required in order to audition. If you cannot attend the meeting and have questions, contact Ms. Krawiecki at juliannakrawiecki@princetonk12.org or stop by the Black Box Theatre.

Winter Coat and Clothing Drive: November 15-19 Distribution November 20 at CP School



Our Annual PPS Warm Clothing drive and distribution is back. Please drop off gently used items such as: children's clothing, men's/ladies' clothing, winter coats, shoes & boots, bedding & blankets, hats, gloves & mittens.

Monday-Friday, November 15-19 @ the Tower entrance. Please separate boy's, girl's, men's and women's clothing in separate bags for safer sorting.

Volunteers are needed to sort items for distribution on Friday, Nov. 19, 3-5:30PM @ Community Park School

DISTRIBUTION: If you or someone you know needs warm weather items, stop by on Sat, Nov. 20, 7:30-10:30AM, Community Park APR.

Vaccines and Weekly COVID Testing available for Students

PPS would like to thank all the parents and guardians who have filled out paperwork allowing their students to participate in the free weekly COVID-19 testing funded by the State of New Jersey. The opportunity to sign up has been extended. To enroll your student, please complete this consent form and HIPAA waiver. The portal will remain open until all interested parents have had the opportunity to sign up.



Live to Learn, Learn to Live

Information about free COVID-19 testing for PPS students

Also, Princeton University now offers vaccinations for both adults and children. Vaccinations are available Wednesdays in Jadwin Gym from 12 to 6 p.m. on Nov. 17, and Dec. 1, Dec. 8 and Dec. 15. (Note: The clinic will close at 3 p.m. on Nov. 17). This clinic is open to adults and children 5 years and older. Appointments are strongly recommended as walk-in capacity will be limited. Appointments can be made through the New Jersey Vaccine Scheduling System (NJVSS). There may be long wait times, including the potential of some waiting outdoors and people with appointments will be given priority.

More information can be found by visiting: https://covid.princeton.edu/vaccinations

School Pictures, Senior Portraits, and ID cards -



All school picture proofs have been received. Students who took pictures on make up picture day can pick up their photos in the main office during break. We received promising news from our school picture provider that our student ID cards should be in next week! They will be distributed to students as soon as possible.

Due to a number of students who did not sign up for a cap and gown photo, but still wish to, we are bringing the photographers

back one last time in December. Appointments are available now! Sign up here Using code 60405. If for some reason you can not make the photo session in December, you can schedule an individual appointment at the lifetouch photo studio in Bensalem, PA. Please reach out to them at 800.724.1916 to get a studio appointment asap.

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receive a free yearbook automatically. Please make sure you fill out your reduced fee application if you believe you are eligible.

Mercer County Vocational Technical School Information Sessions in person or via Zoom:

In-Person District Information Sessions

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Please be aware that masks and social distancing will be required during these events.



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Tuesday, January 04, 2022, from 6:00 pm to 7:00 pm.

Google Meet: bit.ly/mcts-january-2022

(US) +1 267-393-4947 PIN: 219 557 946#

COLLEGE CORNER WITH MRS. SHAH

Virtual Financial Aid Night Presentation

Wednesday, November 17, 2021, from 7-9pm

Seniors and Parents please join Eric Ginsberg from Solution Prep for the Financial Aid Night Presentation.

Link to join Webinar

http://tinyurl.com/PHSFinancialAid

College Visits

College Visits are winding down this month, but there are still many great colleges that are visiting, so juniors and seniors please be sure to check Naviance to sign up for one of the visits.

NACAC (National Association for College Admissions Counseling) Virtual College Fairs

The NACAC will hosting several virtual college fairs throughout October and November. Please click on this link to check out the different fairs and to register: https://virtualcollegefairs.org/conventions

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Parent Account on Naviance:

Parents, if you'd like to be added to Naviance, please click on this link for instructions:

https://www.princetonk12.org/princeton-high-school/academics/school-counseling/access-naviance

Once the student adds your parent information to Naviance, please email Mrs. DeDomenico so she can send you a registration link.

Senior Appointments

Seniors, if you'd like to set up an appointment with me, please reach out to Mrs. Conway: margaretconway@princetonk12.org



The PTO's New Families Initiative will be meeting on Wednesday, November 17th @ 7:00 PM on Zoom. Our guest speaker is Dean of Students, Diana Lygas and our topics of discussion are:

- Helping your child/ren to get involved at PHS
- Finding information about events/news at PHS
- Getting involved in the local community

Zoom Link:

https://us02web.zoom.us/j/4056088972?pwd=d0t2S3BCYlJwczJBUmxuaGkzODZGZz09

Meeting ID: 405 608 8972 Passcode: Tiger08540

The New Families Initiative welcomes and supports new families that have transferred to PHS from other NJ school districts, states, and/or countries. Visit the PTO website, www.princetonhspto.weebly.com for more information





SEPAG General Meeting #2 (Virtual)

- Sunday, December 12, 2021, 3:30 4:30 p.m.
- The agenda includes district and SEPAG updates as well as time to gather family feedback.
- Zoom Link: https://us02web.zoom.us/j/3979210547?pwd=SVplcXFyMk5tZ1BBT3l6cVRjelBFUT09
- Meeting ID: 397 921 0547. Passcode: 684188

PHS Health and Wellness Green Team News

Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.

Easy Ways to Green Your Thanksgiving Celebration

With Thanksgiving just around the corner, here are some easy ways to make this year's holiday more sustainable.

- Buy local and/or organic ingredients for your celebration.
- Avoid disposable decorations.
- If your guests are contributing to the meal, request that they bring their dishes in reusable containers.
- Serve the meal on real plates and use cloth napkins and reusable cutlery.
- Send guests home with leftovers packed in reusable containers.
- Make sure to recycle empty bottles, cans, and containers labelled 1 and 2 after the gathering.
- Use leftovers to make soup/stews/sandwiches, or contact a local food bank to see if they can accept perishable food. You can also try using an app like OLIO to share the food with neighbors.
- Spend time outside. Visit

- https://www.visitprinceton.org/blog/post/hikers-paradise/ for local hiking ideas. More trail information can be found by visiting https://njtrails.org,
- If holiday shopping is on your Thanksgiving weekend to do list, consider supporting local businesses in Princeton.

Enjoy the time with friends and family!

Sustainability/Nature Events Around Town:

Perspectives on Preservation: Capturing the Mountain Lakes Preserve from Up Close and On High

Now-December 6, Small World Coffee, Witherspoon Street
Hosted by Small World Coffee, Friends of Princeton Open Space presents a group
exhibition of photographs taken at the Billy Johnson Mountain Lakes Nature
Preserve in Princeton during the winter of 2020. For more information, visit
https://www.fopos.org/events-programs/2021/11/3/perspectives-on-preservation-c
apturing-the-mountain-lakes-preserve-from-up-close-and-on-high

Duke Farms: The Big Bike Ride

Saturday, November 13, 9:30-11:30 a.m., Duke Farms, Hillsborough \$10 plus \$7 bike rental fee if applicable

Join the Duke Farm staff for a bike ride to explore the property. The journey begins at Bike Tent, then continues on to complete a 5-mile circuit that will note main points of interest. There will be a stop at each landmark to discuss the history and ecological significance of the surroundings.

For more information and to register, visit

https://www.eventbrite.com/e/the-big-bike-ride-tickets-185885587797?aff=ebdsopor aprofile

Mercer County Park Commission: Trail Crew

Sunday, November 14, 1:30 - 3:30 p.m.

Come help maintain the park's beloved trail systems with some hands-on fun (weather permitting). For more information and to register, visit https://www.mercercountyparks.org/#!/calendar

Friends of Marquand Park: Volunteer Days

Saturday, November 20, 9:00 a.m.-Noon

For more information, visit https://www.marquandpark.org/events/weekly/1

Friends of Princeton Open Space: Call for Land Stewards

Saturday, November 20, various times available

Volunteers will work under the guidance of FOPOS's Director of Natural Resources and Stewardship to assist with a variety of conservation projects at the Billy Johnson Mountain Lakes Nature Preserve.

For more information and to register, visit https://www.fopos.org/getinvolved

Mercer County Parks: Opt Outside

Friday, November 26, 10:00 a.m.-3:00 p.m., Mercer County Park System Take a break from Black Friday shopping, get some fresh air, and work off some of that Thanksgiving meal. Mercer County Parks Nature Programs is celebrating REI's #OptOutside movement to offer everyone the opportunity to opt outside! Choose from three different adventures.

- Family Friendly Scavenger Hunts at Mercer Meadows & the Abbott Marshlands
- 5 mile hike challenge at Baldpate Mountain and Mercer County Park
- 5 mile bike challenge at Mercer Meadows

For more information, visit

https://www.mercercountyparks.org/#!/calendar/opt-outside-black-friday-nov-202 1/

Events in Our Community

Princeton Half Marathon This Sunday

The Princeton Half Marathon will take place this year on Sunday morning, November 14, 2021 starting at 7am. The course winds its way through most of town, a link with the 13.1-mile route and additional information can be found at: https://www.princetonhalfmarathon.com/

Call for Trans Youth Leaders in our Community!

The 2022 HiTOPS Trans Youth Forum will be held on March 26th. The HiTOPS Trans Youth Forum https://www.njtyf.org/ is the ONLY conference created BY and FOR trans and nonbinary youth. This Forum will be virtual again this year, and we have made the commitment to offer FREE registration to all participants. We are



very busy preparing for the forum and are in need of selecting our Youth Advisory Board. To be considered for the Board, the applicant must be a young person, ages 11-24 who identify as transgender, nonbinary or otherwise gender expansive. Youth on the board will participate in weekly discussions that will shape what TYF22 will look like, including choosing the theme of the event, keynote speakers, interviewing community leaders and social media take over. Participation will be entirely virtual through the free apps Zoom and Discord. This is a wonderful opportunity for our young people to be part of every aspect of an event, from beginning to end.

We have 13 Board positions available and will offer a stipend to each member at the end of the Forum, plus opportunities for in-person meetups and a field trip to Philly in July! Anyone interested in applying must fill out this form. Youth Advisory Board Application 2022

Additional questions, please reach out to Danella Vecchio Dvecchio@hitops.org>

The Tiger Tribune is a weekly communication for PHS Families.

Princeton High School

151 Moore Street, Princeton, NJ 08540 For submissions: Email <u>tigertribune20@princetonk12.org</u>





<u>Visit us on Facebook</u>

Follow us on Instagram @princetonhs

PRINCETON HIGH SCHOOL TIGER TRIBUNE

November 19 - December 3

Early Dismissal @ 12:30 November 24

School Closed November 25 & 26

Princeton High School **TOP STORIES**



PHS Pop Up Shop Open NOW!

Get your gear here for Tiger Fridays!

Order by November 28th to get in on this shop!



PHS Spectacle Theatre presents the 2021 Fall Play, Bethel Park Falls!

"The residents of the small town of Bethel are facing a crisis: Their beloved park has been sold out from under them and it's sending their lives into a tailspin. In nine interconnected vignettes, sixteen locals grapple with the loss of jobs, homes, and spouses, but find love, courage, and forgiveness as the park magically transforms

through four seasons of the year in a single day. From a tired security guard trying get home to her kids, to a young mayor in over his head, to a nostalgic fisherman who can't seem to catch anything, everyone takes a fall... and picks themselves up again. Bethel Park Falls draws a group of complex, fascinating, funny people together into one poignant story about the spaces where communities connect." (Playscripts)

Due to COVID-19 restrictions at PHS, the show will be pre-recorded and streamed. The show will air on Friday, November 19th and Saturday, November 20th at 7:30pm on ShowShare by Broadway On Demand. The show is double cast and each evening's performance features different actors.

Tickets are \$5.00. To purchase tickets and stream the show, please visit: https://www.broadwayondemand.com/channels/details/Bethel-Park-Falls--Princeton-High-School--All-Dates To support Spectacle Theatre, you can also purchase apparel at: https://princeton-threads.com/categories/phs-spectacle-theatre.html

Free Math help! Did you know PHS has its very own free tutoring

center? Yes we do!!! The Ideas Center offers peer tutoring for all core academic subjects during the school day and after school. We are now offering study groups during lunch break. Students fill out the following form to request a tutor: https://forms.gle/NVPHLTxg59K9ujfM7 Questions? contact AndreaDinan@princetonk12.org



Ideas Center Hours:

Monday through Friday - all school day *in person* Monday, Tuesday, Thursday - 4:30pm-5:30pm *via zoom* <u>Here is the link.</u>

School Pictures, Senior Portraits, and ID cards -



All school picture proofs have been received. Students who took pictures on make up picture day can pick up their photos in the main office during break. IDs are in too! YAY! Students may stop in the main office to pick up their ID cards this week. Seniors who have not filled out their cap and gown form will be reminded to fill out their form before they get their ID card.

Last call for Senior Cap and Gown Pictures. Appointments are available now! <u>Sign up here</u> Using code 60405. If for some reason you can not make the photo session in December, you can schedule an individual appointment at the lifetouch photo studio in Bensalem, PA. But they will NOT be back to PHS. Please reach out to them at 800.724.1916 to get a studio appointment asap.

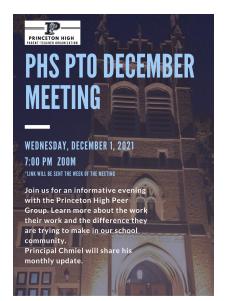
Yearbooks are on sale NOW!!!



The Prince is our nationally recognized award winning yearbook for Princeton High School. Yearbooks are on sale now online at www.yearbookordercenter.com using code 4078. Books are distributed in June but they do sell out and advanced orders are required. Please note Seniors eligible for free or reduced lunch

receive a free yearbook automatically. Please make sure you fill out your reduced fee application if you believe you are eligible.





PHS PTO DECEMBER MEETING: Wed. Dec. 1st @7:00 PM; Zoom

Join us for an informative evening with the Princeton High Peer Group. Learn more about the work their work and the difference they are trying to make in our school community. Our Board of Ed. report will provide more information about the upcoming PPS referendum.

Principal Chmiel will share his monthly update. *Zoom link will be sent the week of the meeting. All are encouraged to attend!

PPS Vaccine Clinic: November 30; December 21st

PPS is sponsoring two vaccination clinics in conjunction with the Princeton Department of Health. Free vaccines will be offered from 4-8 PM on Tues. Nov. 30 and Tues., Dec. 21, at 45 Stockton Street in the Suzanne Patterson Building, located across the street from Monument Hall. This was formerly the location of the Senior Resource Center.



The Pfizer vaccination will be available for students ages 5 to 11. If students receive their first vaccination on November 30, they can receive the second vaccination on December 21. Pfizer vaccinations will also be available for students ages 12-18. Vaccinations for adults, including booster shots, will be available.

Here is the scheduling link for the PPS clinics. Please sign up in advance.

In addition, the Princeton Health Department will be hosting weekly clinics at 45 Stockton Street. Appointments for these clinics can be made through the <u>NJ Vaccine Scheduling System</u>.

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The New Families Initiative welcomes and supports new families that have transferred to PHS from other NJ school districts, states, and/or countries. Visit the PTO website, www.princetonhspto.weebly.com for more information



SEPAG General Meeting #2 (Virtual)

- Sunday, December 12, 2021, 3:30 4:30 p.m.
- The agenda includes district and SEPAG updates as well as time to gather family feedback.

• Zoom Link:

https://us02web.zoom.us/j/3979210547?pwd=SVplcXFyMk5tZ1BBT3l6cVRjelBFUT09

Meeting ID: 397 921 0547. Passcode: 684188

PHS Health and Wellness Green Team News

Welcome to news and tips from the PHS Health and Wellness Green Team (HWGT). Each week we will provide updates and information to help PHS families lead more mindful and sustainable lives.

Sustainability/Nature Events Around Town:

Perspectives on Preservation: Capturing the Mountain Lakes Preserve from Up Close and On High: Now-December 6, Small World Coffee, Witherspoon Street

Hosted by Small World Coffee, Friends of Princeton Open Space presents a group exhibition of photographs taken at the Billy Johnson Mountain Lakes Nature Preserve in Princeton during the winter of 2020. For more information, visit this link.

Friends of Marquand Park: Volunteer Days

Saturday, November 20, 9:00 a.m.-Noon For more information, visit here.

Friends of Princeton Open Space: Call for Land Stewards

Saturday, November 20/December 4; various times available Volunteers will work under the guidance of FOPOS's Director of Natural Resources and Stewardship to assist with a variety of conservation projects at the Billy Johnson Mountain Lakes Nature Preserve.

For more information and to register, visit here.

Friends of Princeton Nursery Lands: Thanksgiving Day Walk: Thursday, November 25, 10 a.m., Mapleton Preserve; Free @ 145 Mapleton Road, Kingston "Over the river and through the woods..."



Turkey tails (Trametes versicolor)

Join Friends of Princeton Nursery Lands for a Thanksgiving Day morning exploration of the Mapleton Preserve. Come walk off some holiday calories, search for turkeys and turkey tails, and enjoy the abundance and subtle beauty of late fall. Pre-registration is requested. Call 609-683-0483 to reserve a spot. Visit https://fpnl.org for more information.

Mercer County Parks: Opt Outside

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- 5 mile hike challenge at Baldpate Mountain and Mercer County Park
- 5 mile bike challenge at Mercer Meadows

For more information, visit this link.

Events in Our Community



Princeton Tree Lighting: Friday, November 26th @ 5pm! Featuring PHS student performers!

Join us for our annual Tree Lighting featuring traditional musical performances from our community partners and a whole lot of holiday family fun! Of course we expect other visitors and hope Santa will once again use his magic to kick off

the holiday season and help us light the tree! Come kick-off the holiday season with

us on the Green at Palmer Square and watch as we light all 32,000 lights atop our giant spruce tree!



Science by the Scoop: On Monday, December 13th from 7:00 - 8:00 pm Dr. Nathaniel Daw, Huo Professor in Computational and Theoretical Neuroscience will be presenting a lecture entitled "Thinking the right thoughts: How the brain decides what to do, and what to think about". RSVP ASAP to sciencebythescoop@gmail.com to receive the zoom link for the lecture.

The Tiger Tribune is a weekly communication for PHS Families.

Princeton High School

151 Moore Street, Princeton, NJ 08540 For submissions: Email <u>tigertribune20@princetonk12.org</u>





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